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# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 18, 2015

DECEMBER SUNRISE/SUNSET: 18 7:10 • 5:39 19 7:11 • 5:40 20 7:11 • 5:40 21 7:12 • 5:40 22 7:12 • 5:41 23 7:13 • 5:41 24 7:13 • 5:42



Board members of the Captiva Island Historical Society and Captiva Chapel by the Sea associates gathered last Tuesday evening to dedicate a pair of plaques designating the property as being listed on the National Register Historic Places photos by Jeff Lysiak

## Captiva Landmarks Join National Register Of Historic Places

by Jeff Lysiak

Last Tuesday afternoon, a pair of plaques honoring two island landmarks – The Captiva School and Chapel by the Sea, along with the Historic Captiva Cemetery – were unveiled to the public for the first time, two years after they were officially dedicated as part of the National Register of Historic Places.

Mike Boris, Captiva Island Historical Society board member, and Chapel by the Sea board of associates president Susen Berg welcomed a crowd of more than two dozen to the site on December 8.

“The chapel and cemetery are a very special part of Captiva. With the ongoing physical changes happening to our island, it represents one of the few connections to our island’s origins,” said Boris. “More importantly, I believe most of us consider this a truly unique and sacred place. The more so when you realize that it’s survived – intact – for well over 100 years while sitting on the beach of a barrier island.”

Berg shared with the gathered guests that the first time she visited the Chapel by the Sea, she recalled that her “heart was swept away.”

“I felt God’s open arms and those of all who have ever come here. I know many of you have the same tale to tell,” she noted. “Our placement on the National Register of Historic Places means throughout our nation, we are to be remembered. The Chapel welcomes all – those who are filled with faith, those who have little faith, and none. But the arms of the church are open to all.”

According to the National Register of Historic Places website, the Captiva School & Chapel by the Sea Historic District is “significant at the local level under Criterion A in the areas of Exploration/Settlement and Social History.”

The one-room schoolhouse, built in 1901, also served as the primary place of religious worship for the early settlers of Captiva until it was converted into a Methodist mission church in 1921. The Captiva Civic Association, by agreement with the Methodist church, took over operation of the building in 1947. The Methodist church deeded the property in 1954 to Captiva Chapel by the Sea.

Prior to the entrance of the chapel property, the two-acre historic cemetery – founded in 1897 – includes a number of the early settlers of Captiva. The first interment of the cemetery was the unnamed stillborn daughter of Herbert and Hattie Brainerd, whose daughter, Ann, purchased the parcel in 1900 for a single gold coin. One year later, Ann died from tetanus after stepping on a rusty nail. Hattie Brainerd retained ownership until she deeded it to the Methodist church in 1936.

The Chapel by the Sea landmarks join the “Tween Waters Historic District as the island’s representatives on the National Register of Historic Places.

“Today, we have thousands of visitors – from all over the world – walk through the cemetery and chapel grounds, every day, year-round,” said Boris. “These historic markers will tell some of their respective stories, and I’m sure enhance and inform those visits.”

“What a profound joy to now be a historic site on the National Register,” added Berg. “The Chapel by the Sea and the cemetery’s story will not be forgotten. They will be remembered.” ❄️



Captiva Island Historical Society board member Mike Boris and Chapel by the Sea board president Susen Berg toast the unveiling of the Chapel by the Sea plaque

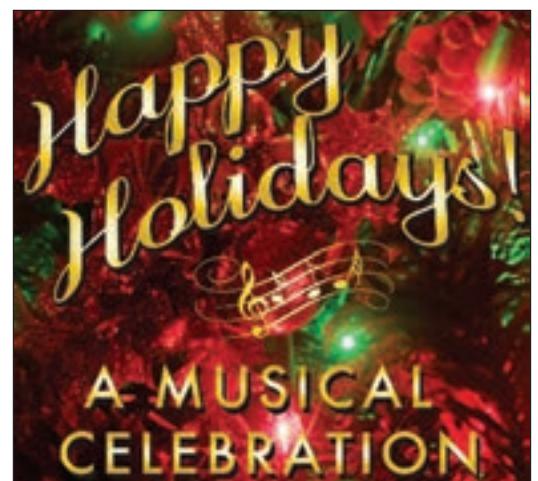
## A Musical Celebration For The Whole Family At The Strauss Theater

**H**appy Holidays: A Musical Celebration opens at the Strauss Theater on Friday, December 18 and runs through New Year’s Eve.

The theater is decked out for the season and the cast will take the audience through a magical winter wonderland with numbers such as *The Most Wonderful Time of the Year*, *Baby It’s Cold Outside*, *Wonderful Christmas Time* and *Happy Holidays*.

Returning are long-time Strauss favorites Victor Legarreta, former artistic director of the theater and star of numerous productions, and islander

continued on page 30





# Holiday OPEN HOUSE

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## Sanibel Library Hosts Romance Author Heather Graham



Author Heather Graham, left, with Melanie and Doug Congress

submitted by Maureen Tesoro, Sanibel Public Library

The Sanibel Public Library kicked off its 2015-16 Author Series on December 9 with bestselling romance writer Heather Graham. The library, partnering with the Sanibel Public Library Foundation, is celebrating eight years of bringing in award-winning, high caliber authors.

In her lecture, Graham recalled enjoying ghost stories with her Irish grandmother, and she talked about traveling to Gettysburg for her writing research. She has written more than 150 novels and novellas including category, suspense, historical romance, vampire fiction, time travel, occult, horror and Christmas family fare. Published in approximately 25 languages, she has had



John Kramer and Rick Paulson

more than 75 million books in print.

Ticket requests for the next three speakers in the Author Series may be made one month prior to each event. Names of those requesting tickets will be placed in a lottery and selected at random, and then be notified by email. Patrons need to have a current Sanibel Public Library card before requesting tickets.

Library cardholders may receive a maximum of two tickets per person. Tickets must be requested online at [www.sanlib.org](http://www.sanlib.org). If you are unable to access the online form or need assistance using the online form, the library will have personnel and a computer set aside for your use. Online request begins at 9 a.m. and continues for 24 hours. Requests made before or after that time will not be honored. The complete schedule is available on the library's website.

Library cards are available to Sanibel and Lee County residents at no charge. Visitor cards may be obtained for a \$10 annual fee.

The next speaker in the series is memoirist and novelist Alice Sebold, author of *Lucky*, *The Lovely Bones* and *The Almost Moon*. Sebold will be speaking at the Sanibel Public Library on Wednesday, January 27. Ticket requests will be accepted online for 24 hours,



Ginny Fellows and Susie Marks



Debbie Richardson, Heather Graham and Rebecca Binkowski

starting at 9 a.m. Monday, December 28.

The library will be closed Christmas Eve and Christmas Day. On New Year's Eve, it will be open from 9 a.m. to 1 p.m. and closed on New Year's Day.

Major funding for the Author Series is provided by the Sanibel Public Library Foundation, Inc. and its generous donors. For more information about the foundation or to make a donation, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org).\*

NEW EXHIBITS DECEMBER 8TH TO 31ST, 2015

## Watson MacRae Gallery

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## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**The Center 4 Life will be closed Christmas Day, Friday, December 25 and New Year's Day, Friday, January 1.**

### Page Turners with Ann Rodman

- If you are not on the Page Turners list, and wish to be, email [annrodman@aol.com](mailto:annrodman@aol.com) or contact the Center 4 Life.

The featured book for Wednesday, January 13 at 2:30 p.m. is *All The Light We Cannot See* by Anthony Doerr. "A World War II novel about children, and the kind of undertaking that requires a lot of work to rise above emotional manipulation. For the first hundred or so pages, the book seems to rely on ready signifiers of heartbreak and grandeur: a motherless blind girl, a white-haired orphan boy, a cursed diamond, lots and lots of bombs. But once he hits his stride, Doerr takes these loud parts and builds a beautiful, expansive tale, woven with thoughtful reflections on the meaning of life, the universe and everything." - *LA Times*

### Ostego Bay Walking Tour -

Monday, December 21 (date change). Cost is \$15 for the three-hour guided walking tour. Lunch is on your own. Tour the working waterfront. Learn about the shrimping industry from Ostego Bay

working waterfront firsthand. You will also learn about Florida's "pink gold" (shrimp) and the oldest and largest fleet in Florida. The tour will also include 1.5-hour guided visit at the museum, which contains numerous hands-on exhibits. Depart from the Center 4 Life at 8 a.m. Call the Center 4 Life for more information, 472-5743. Registration deadline is Friday, December 18. Paid registration reserves your seat.

### St. Petersburg Mural Tour & The Dali Museum -

Tuesday, January 12. Cost is \$72 for members and \$77 for non-members. The trip includes round trip transportation, admission to Walking Mural Tour & The Dali Museum. Travel to St. Petersburg, Florida's leading art destination throughout the country. Embrace the blossoming street art movement. Feast your eyes at the Acropolis Restaurant and then head down to the Dali Museum for the Dali & Disney Exhibit. Call the Center 4 Life for more information, 472-5743. Registration deadline is Monday, January 4.

### AARP Driver Safety Course -

Thursdays, January 21 and 28 from 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount.

Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for drivers 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers, and other tips to help you maintain confidence in your driving. Participants will be eligible for a discount on their auto insurance. Classes

will be held at the Center 4 Life, 2401 Library Way. Register by contacting Ed VanderHey at 292-4012. You do not need to be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

### Games

**Bridge** - Monday and Wednesday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Mahjongg** - Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Hand & Foot** - Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members.

**Tuesday Kayaking** - December 22 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** - Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combina-

tion of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** - Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** - Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** - Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** - Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.\*

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)



THE ISLAND WATER ASSOCIATION, INC

It is election time at IWA again, and next year two seats on our Board of Directors will be up for election. The seats are currently held by Ralph E. Sloan, and John R. Cunningham. Mr. Sloan is running for his 2nd term, and Mr. Cunningham is completing his 3rd and final term.

IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member.

Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA's Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 472-2113 (extension 114) or by e-mail at [beau@islandwater.com](mailto:beau@islandwater.com) by no later than January 8, 2016.

Background checks are required on all Board candidates.



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## 2016 Sanibel Scenes Calendars

feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.



In addition to the beautiful pictures, each month contains some tidbits of information or personal advice you should know.

This is the third consecutive year for these popular calendars, and they are available at these island favorite stores:

**Bailey's General Store**  
**Bailey's at Sundial**  
**CVS Pharmacy**  
**Doc Ford's**  
**Island Pharmacy**  
**Jerry's Foods**  
**Suncatcher's Dream**  
**Tuttle's Seahorse Shop**

I ♥ Sanibel bumper stickers are also available at these favorite island stores.

## Annual Christmas Eve Beach Service

The Sanibel Congregational United Church of Christ will host the annual Christmas Eve Beach Service at Lighthouse Beach December 24 at 5 p.m.

The service will feature candle lighting and carol singing led by Senior Pastor the Rev. Dr. John H. Danner.

A special bike corral will be set up at the end of the newly improved and widened bicycle path leading to Lighthouse Beach. Vehicle parking will be available at the Sanibel-Captiva Chamber of Commerce with trolley service to the beach.

The offering taken during the service

will benefit two agencies working with the needy: FISH (Friends in Service Here), a Sanibel-based organization, and the Salvation Army.

Attendees are reminded to stay off the dunes and the beach grasses, and walk only on designated paths to and from the beach.

Later that evening at 9 p.m., a Candlelight Service with special music will be held in the church's sanctuary which is bedecked with a 12-foot Christmas tree and poinsettias.

All services are open to the public. The church is located at 2050 Periwinkle Way, Sanibel. For further information, call the church office at 472-0497 or visit the church website at [www.sanibelucc.org](http://www.sanibelucc.org).

## American Legion Post 123

On Sunday, December 20, American Legion Post 123 will have a fish fry from 1 to 8 p.m. Cost is \$10.95.

A ham dinner will be served on Christmas Day.

On Sunday, December 27, Post 123 will offer barbecued ribs and chicken all day.

Willy Jones' New Year's Day Pig Roast is scheduled for Friday, January 1.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all day.

## Raffle For Island Temptations

Tickets for Island Temptations, a raffle of gift certificates to many of the island's fine dining restaurants, are now being offered to the public by the Sanibel-Captiva Optimist Club. This year, there will be two winners each getting approximately \$1,000 in gift certificates. Thirty-one restaurants are providing generous gift certificates for their meals. The prizes will be good for most of a year.

The raffle will be held at The Sanibel Grill (Timbers) on Friday, December 18 at 5 p.m. The winner does not have to be present. Tickets at \$10 each are currently on sale at Bailey's General Store, Sanibel Café, Sanibel-Captiva Community Bank and early evenings at The Sanibel Grill, directly from an Optimist Club member.

The proceeds from the raffle will help fund the club's support of local youth needs including Sanibel Recreation Center programs and college scholarships.\*

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# The Community House



The historic North Room of The Community House, shown here during construction in 1927, will be restored as part of the renovation

## Community House Renovation Approved By Historical Committee

Renovation of The Community House moved a step closer to reality as the plans received a certificate of appropriateness from the Historic Preservation Committee. The plans were reviewed by the committee at the December 3 meeting.

The North Room portion, now approaching 90 years old, is listed on the city's Local Register of Historical Sites and Structures, therefore any modifications to the building must be reviewed by the committee to ensure that proposed changes preserve the original appearance of the building. The planned renovation



The original heart pine floor of the North Room, after almost 90 years of heavy use, will be replaced

will repair deteriorating sections of the building exterior, restore the distinctive row of windows on the enclosed porch overlooking Periwinkle Way and replace the aging roof with textured shingles resembling wooden shakes.

The North Room will be restored to its original size by eliminating a storage closet. The original heart-pine flooring will be replaced with a new wooden floor. Teresa Riska-Hall of The Community House said, "People have always loved these pine floors, but after so many years, they are worn so thin, we're just not able to refinish them anymore."

Beyond the North Room, the renovation will include a redesign of the entire facility, inside and out, in an "old Sanibel" style. The majority of the renovation will be installing new infrastructure to bring the facility up to code: replacing outdated electrical, lighting, plumbing, air conditioning, fire alarms and sprinklers, inadequate restrooms and kitchen facilities.

In approving the renovation plans, the Historic Preservation Committee was complimentary of the design. The unanimous opinion was that the new work will improve the appearance and utility of the facility in a way that is respectful to Sanibel's traditions and the history of the original structure. Commenting on the plans, committee member Lynn Campean said, "Architecturally, it is beautifully designed, and it meets our highest expectations."

Now that the historical appropriateness of the renovation project has been confirmed, permit applications for the project are tentatively scheduled to be heard by the planning commission in January.

A major fundraising campaign will now move forward chaired by Community House board members Nicole McHale and John Talmage. McHale said, "In the coming months, we will be asking islanders to dig deep as we raise funds to preserve and protect this jewel of our community. Sanibel's gathering place

needs toilets that flush, sinks that drain, lights that come on when you flip the switches and a host of other basic things. We're excited to be coming to the members of our community to ask their help. The Community House belongs to all of us."

## Shell Crafters

If you are interested in learning a new craft and meeting new people, join the Sanibel Shell Crafters. No experience is necessary; there are instructors and assistants available. The lessons are free, all materials are provided but since the group is dependent on donations for the supply of shells, collections are welcome. You can make flowers, jewelry, animals and other creations out of shells and other sea life.

Instructors and assistants are there every Monday from 10 a.m. to noon (no classes in March). Dessert and coffee are provided, but bring a brown-bag lunch if you choose, as the regulars meet until 3 p.m.

All shell creations made by volunteers are sold during the annual Shell Festival in March. The crafters have been meeting weekly since the late 1920s. The group was created in order to prepare for the shell fair.

## Colorful Sips

Evening art and wine parties with local artist Sissi Janku are designed to encourage the artist within to complete a masterpiece. Member price is \$45, non-members, \$55. The Colorful Sips painting classes will be held on the following Wednesdays from 7 to 9 p.m.: January 6, January 20, February 3, February 17, March 16, April 6 and April 20.

No experience is necessary. All the materials will be provided. Bring your favorite wine and a snack for sharing with fellow artists. Call 472-2155.

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Applications available online at [sanibelcommunityhouse.net](http://sanibelcommunityhouse.net) or visit:

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SANIBEL COMMUNITY ASSOCIATION

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## SEE OUR UPDATED PLANS

<http://sanibelcommunityhouse.net/renovation-campaign/>

\* After 88 years, the landmark is in need of a major makeover.

\* Creation of The Community House was a true community project, as early Islanders donated the land, building materials and labor to make it a reality!

"The first place I visited upon arriving on Sanibel in 1988 was The Community House and I have been involved with OUR



house since that time, serving as the board president and secretary. I have volunteered many hours to various island non -profits and most have used this house every year at least once. Giving to YOUR Community House campaign is a way of saying THANKS for helping ALL our Non- profits over the years!" Ann Arnoff

## Beading Classes

All ages are invited to learn the intricate art of beading with shells and other treasures of the sea. Classes are kept small for one-on-one instruction. There is a minimum of three people and a maximum of 10 for these projects. Classes will be held on Wednesdays: January 20, February 3, March 23, April 6 and 20.

Anita Gober is the instructor. All supplies and tools are included in the price. If you typically wear reading glasses, you should bring them. The cost for each class is \$35 for members and \$40 for guests. Advanced classes will be scheduled ad hoc for \$50 for three hours for members.

## Free Energy Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine (EEM). Six monthly two-hour workshops are on the agenda on the following Wednesdays:

- January 6, 4 to 6 p.m. Balance and coordination a challenge? Regain your rhythms easily with Energy Medicine exercises.
- February 3, 6 to 8 p.m. Pain over-riding your life? Loosen the congestion with Energy Medicine tools.
- March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements.
- April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine

Semmelman, a matrimonial lawyer for 30 plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email [ksemmelmanenergy@gmail.com](mailto:ksemmelmanenergy@gmail.com).

## Love Your iPhone/iPad

The course covers set-up, navigation and safe use. An extensive handout recaps the course for mastery to continue at home. Topics include techniques to improve efficiency, use of the Cloud, exploration of specific high value apps and how to fall in love with Siri. Cost is \$40 for members and \$45 for non-members.

Classes will be held from 9:30 to 11 a.m. with an hour open for questions. Beginners classes will take place on Thursdays: January 7, February 11 and April 7. The intermediate class will take place on Thursdays: January 28 and March 10. Update your iPhone's operating system to the most recent iOS option prior to coming to the class. Register by calling 472-2155 or online at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net).

## Mini Golf

The 21st annual mini golf event will be held from Saturday, December 26 through Tuesday, December 29. There will be 18 holes of miniature golf play. It is open each day from 10 a.m. to 8 p.m. Admission is \$3 per adult and \$2 per child. Daily prizes in all 12 divisions

will be awarded. Popcorn and refreshments will be available.

## McCormick Spices

Francis Tutt, principle scientist at McCormick and Company will introduce you to the world of spices on Monday, January 4 from 7 to 8 p.m. There will be spice samples and specialty items as well. A \$5 dollar donation is suggested at the door. The Sanibel Captiva Trust Company is the sponsor.

## Economic Insights

Returning again to The Community House is Anne Krueger, who will use her common sense approach to explain her thoughts on the economic concepts that are shaping our world. Listen to her perspectives followed by a questions and answer session. Krueger will be there Wednesday, January 6 from 10 to 11:30 a.m. The Sanibel Captiva Trust Company is the sponsor.

## Cooking With The Islands' Stars

Cooking with the Islands' Stars on Wednesday, February 24 is open to family chefs; no professionals allowed. It is all about caring and sharing your passion for cooking and having fun doing so. So many islanders bring stories about family dinners, new or passed-along recipes, and unique heritage to the community.

There will be five contestants, three judges and two prizes. The Community House has teamed with *Real Food Real Kitchens* to give everyday people the chance to be in a TV segment of the food show as well as an article on why this recipe means so much to their family.

Stop by and pick up an application, go to [www.sanibelcommunityhouse.org](http://www.sanibelcommunityhouse.org) or call 472-2155.

## Birds of Brazil

The Community House is hosting the first of a lecture series, sponsored by The Sanibel Captiva Trust Company. Beautiful Birds of Brazil with Ron Clarke will be the subject on Saturday, January 2 at 7 p.m. Donations at the door are appreciated.

Clarke, who lives in Millburn, New Jersey and Sanibel, has been taking photographs of birds ever since the turn of the century. During that time, he has taken about 100,000 photographs.

The slides that will be shown were taken during two trips to Brazil. The first trip was to the Pantanal, a huge tropical wetlands spilling into Bolivia and Paraguay. The second trip was to the highlands of the Atlantic coast of Brazil between Rio de Janeiro and Sao Paulo. The birds pictured in the slides include macaws and parrots, toucans, storks and herons, raptors and hummingbirds.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

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# Island Cotillion Rings In The Holidays



Hosts Phil and Gail Pilibosian, Tom and Judy Addison and Kerry and Joe Salatino

The Island Cotillion kicked off its 30th season with a Ring in the Holidays dance on December 2 at The Sanctuary Golf and Country Club on Sanibel. It was hosted by Gail and Phil Pilibosian, Judy and Tom Addison and Kerry and Joe Salatino.

The new members and guests were formally introduced by Andrea Gainer who chairs the Steering Committee.

After dinner, over 100 attendees danced the night away to music by Cahlua & Cream, that featured music from such artists as Diana Ross, Petula Clark, Tina Turner and Whitney Houston as well as hits from the Broadway stage.

The next dance of the season will be the Cotillion's annual Valentine's Day Dance on February 10, also at The Sanctuary, with entertainment by the White House Band.

The Island Cotillion was founded in 1986 for the purpose of organizing and supporting several formal and informal dinner dances each season. Membership is comprised primarily of couples who reside on Sanibel and Captiva islands who enjoy dancing and the camaraderie of their fellow members.

Anyone desiring more information about membership may contact Julie Boyd at 395-0464 or Andrea Gainer at 395-3184.\*



Guests Ray and Diane Knight, new members Ken and Sue Halvorson and guests Mike and Linda Layton

## Music Program

Preschoolers from Sanibel Congregational United Church of Christ will be part of the Christmas program the church gives each year for its members at Shell Point in Fort Myers. The youngsters have been practicing for their rendition of *Jingle Bells*.

Ana Abella, teacher of the 3-year-old class, is also the leader of the music program that teaches 2-, 3-, and 4-year-old students preschool standards as well as introduces them to classical music.

For more information about the preschool, call 472-0497.\*



Children practicing *Jingle Bells*

## J. Charles McCullough II A Retrospective

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For more information, call (239) 472-4557



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**LIFEGUARD, PART-TIME, AS NEEDED:** The City of Sanibel is accepting applications for the position of Lifeguard to supervise the activities of swimmers, maintain the pool and surrounding areas and assist in conducting recreational activities and events at the City pool. High school diploma or equivalent and valid Red Cross Lifeguard, CPR and First Aid Certifications required.

**RECREATION AIDE, PART-TIME, AS-NEEDED:** The City of Sanibel is accepting applications for the position of Recreation Aide to work with children enrolled in the City's recreation programs. High school graduate or GED required and experience as a youth counselor desirable.

**RECREATION SERVICES ASSISTANT, PART-TIME, AS-NEEDED:** The City of Sanibel is accepting applications for Recreation Services Assistant to perform receptionist, administrative and clerical duties at the Sanibel Recreation Center. High school diploma or GED and two years of clerical, secretarial or administrative experience required. Excellent customer service and computer skills are essential.

## COMPETITIVE PAY!

Sanibel Causeway and Cape Coral bridge tolls paid. Interested candidates can apply online at [www.mysanibel.com](http://www.mysanibel.com) and click on the "Jobs" tab. EOE/ADA/M/F/V

## Rotary Happenings

submitted by Shirley Jewell

Just before I forget and get lost in this column, I want to wish everyone Happy Holidays and a very Happy New Year. For the Sanibel-Captiva



Rotary it's been a great year for working with our community partner organizations and for working shoulder to shoulder with our Rotary family on projects that help families around the globe.

Rotary International is a humanitarian service organization with over 1.5 million individual members supporting advancement of understanding, goodwill and peace around the world. Rotary clubs support projects locally and globally with emphasis on education/literacy, fighting disease such as polio and AIDS, health care of women and children, clean water, investing in the realization of support for many projects that contribute toward the sustainability of local economies and communities' well-being by addressing social issues that contribute toward poverty, unemployment, and medical/mental health. Rotarians contribute globally nearly one hundred million dollars every year toward humanitarian programs.

At a recent meeting SanCap Rotary welcomed James Wineinger, the CEO of Hope Clubhouse. Located in Fort Myers,



**James Wineinger, CEO, Hope Clubhouse**

Hope Clubhouse is committed to providing community resources for people living with mental illness in Southwest Florida. It offers opportunities for meaningful work, education, friendships and access to housing in a supportive, caring, dignified and respectful community setting. Members develop hope for recovery and achievement of their full human potential.

Again we talk about numbers and facts:

- *Newsweek* - Every year, about 42.5 million American adults (18.2 percent of the total adult population in the U.S.) suffer from some mental illness, enduring conditions such as depression, bipolar disorder and schizophrenia."

- Substance Abuse And Mental Health Services Administration - Approximately 9.3 million Americans ages 18 and up, experience "serious mental illness" that impedes day-to-day activities such as going to work.

- James Wineinger, Hope Clubhouse - Suicide is the 10th leading cause of death here in the states... 90 percent of these individuals have some form of mental illness; and 60 percent of adults suffering with mental illness don't get the treatment they need.

In 2007/08, a group of mental-health advocates organized the founding of Hope Clubhouse, a 501c3 charitable organization, and started outreach efforts in Southwest, Florida for funding and support to provide a place that will serve the mentally ill within the region. This place was to be a safe haven for the mentally ill within the community. It provides a non-judgmental environment focusing more on the needs of the mentally ill. They find their members through partnering organization such as Salus Care-Fort Myers, Lee Memorial Hospital, law enforcement, United Fund, etc. Many HC members are homeless and need a place to get out of the elements and receive a meal. This is somewhat routine for many outreach programs servicing this population but Hope Clubhouse provides a place to form friendships and participates in social activities. The HC staff works to find homes for the homeless and works with Goodwill and other employers to find jobs for their members, works with veterans organizations and medical professionals to locate medical/dental treatment and

find training programs within the community. The main goal is to give hope to their members providing opportunity for a better life and tools for becoming a contributing member of society.

Hope Clubhouse staff works in partnership with its members, not focusing on their mental illness but on their needs. Their model is wellness and health.

There is a definite stigma and shame placed on anyone who has a mental illness. Mostly this is because of ignorance but the fact is that many mentally ill persons suffer alone. Their families can't get the help they need and feel that somehow they have failed the person who needs them most. They don't share this feeling with many; they suffer alone too.

Hope Clubhouse provides a place that is safe to express their needs, a safe environment and currently is working on expanding its services and facilities adding showers, mailboxes, computer areas for job searches and training, a socialization area, meeting rooms and medical/dental services .

Many of us talk about doing something in this country for the mentally ill and their families but what are we really doing? Check out Hope Clubhouse online. Maybe this giving season you can give a donation in the name of a friend or relative that will be played forward in such a productive way in the community.

There will be no Rotary meeting on December 25 and January 1.

*The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.\**

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## What's Happening At The House In 2015-16

### SCA Events

#### Mini Golf

Dec. 26-29  
10 am - 8 pm  
\$3/adult, \$2/child

#### Cooking With The Island Stars

CALLING ALL FAMILY CHEFS  
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#### LECTURE SERIES

Sponsored by Sanibel Captiva Trust Company

#### Birds of Brazil

Ron Clarke  
Sat., Jan. 2; 7 pm  
Donation

#### McCormick Spices

Francis Tutt, Principal Scientist  
Mon., Jan. 4; 7 pm  
Donation

#### Economic Insights

Anne Krueger, First Managing Director  
of the International Monetary Fund  
Wed., Jan 6; 10 am  
Donation

## CLASSES/PROGRAMS

#### Complimentary Shell Crafting

Lesson Mondays 10 a.m.  
Crafts on Sale until 3 pm

#### Beading

Wed., Dec. 16 9-Noon  
Members \$35/Guests \$40

#### Bridge Lessons and Sanctioned

Duplicate Bridge beginning January

#### Sissi's Colorful Sips

Wed., Jan 6 & 20 pm

#### Yoga

Mon., Thurs 8:30 am

\*other dates/times available see website

#### iPad/iPhone

Thursday, Jan 7  
\$40 Members/\$45 Guests

#### Energy Workshop

Wed., Jan 6 4-6 pm

Preserve and Protect the Heart of the Islands



The Community House

SANIBEL COMMUNITY ASSOCIATION

Telephone: (239) 472-2155

info@sanibelcommunityhouse.net

www.sanibelcommunityhouse.net

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"To enrich community spirit through educational, cultural and social gatherings in our historic Community House."

The SCA is a 501c3 Organization.

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## ENGAGEMENT ANNOUNCEMENT



Shauna Renee Maddox and John Brandon Wade

John Brandon Wade proposed to Shauna Renee Maddox at Sanibel's Lighthouse Beach on December 6. Friends in attendance were Britni Young and Rachel Atkins. The couple, who reside on Pine Island, have set a wedding date of October 15, 2016.✪

## Churches/Temples

#### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers  
Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study. www.orthodox-faith.com, 481-2099

#### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

#### CAPTIVA CHAPEL BY THE SEA

The Reverend George E. Morris

Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

#### FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

#### SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday 10 to noon Meeting now at George & Wendy's Sanibel Seafood Grille, 2499 Periwinkle Way, Park and enter side door please Pastor Mark Hutchinson 239-284-6709

#### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor Sunday Worship: 8 a.m. Traditional in

## BIRTH ANNOUNCEMENT



Delaney Kai Kreter

Proud parents Brendan and Samantha Kreter of Wilton, Connecticut are happy to announce the birth of their first child, a daughter, Delaney Kai. Born on November 22 at Norwalk Hospital, Delaney was 8 pounds, 4 ounces and 19.5 inches long at birth.

Grandparents are Peggie and John Keary of Wilton, Connecticut, Richard and Dianne Cratty of New Port Richey, Florida and Stephen and Laura Kreter of Sanibel and Wilton, Connecticut.✪

historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

#### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497 The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

continued on page 12



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**OBITUARY**



**NORA ANN BARTOS MOHR**

Nora Ann Bartos Mohr, 59, of Fort Myers passed away suddenly on Sunday, December 13, 2015 at her home. She was born in Chicago, Illinois on April 7, 1956 to Frank and Peggy Bartos.

Nora and her family moved to Cape Coral in 1960. She graduated from Cypress Lake High School in 1974. She began a career in banking and most recently worked on Sanibel Island for Sanibel Captiva Community Bank as assistant vice president.

She was a very devoted mother to her three children, Brent, Jana and Connor. Other survivors include her two brothers; Mike (Becky) Bartos of Fort Myers and Brian (Janet) Bartos of Cape Coral, numerous nieces and nephews and one great-niece and great-nephew and special friends Gary and Nancy Miklic.

A funeral mass will be celebrated at 1 p.m. Saturday, December 19, at Our Lady of Light Catholic Church, 19680 Cypress Lake Drive, Fort Myers. The family will receive friends for viewing Friday evening December 18, from 5 to 8 p.m. at Fuller Metz Funeral Home, 3740 Del Prado Boulevard, Cape Coral.

In lieu of flowers, contributions may be made to a memorial account established in Nora's name at Sanibel Captiva Community Bank.\*

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**OBITUARY**

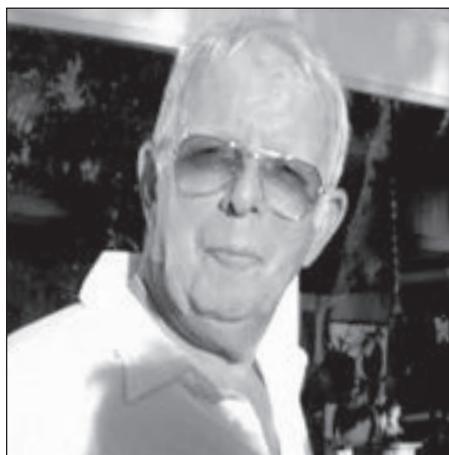


**ELIZABETH JANE MUENCH**

12, 2015 after living more than 50 years on Sanibel.  
 Betty was born to Charles and Marie Pauli in 1918 in Syracuse, New York. In 1939, she married Albert Muench and remained his devoted wife for 68 years until his death in 2007. She was also preceded in death by her son, Mark (1979), and her daughter, Melissa (2007).  
 Betty moved to Sanibel in 1964 where she co-founded Periwinkle Park with her husband and sons. A selfless mother and wife, Betty taught her children to be strong, responsible and to work hard to gain the most from life. She was a voracious reader and was a lifelong volunteer at the Sanibel Public Library until she moved to Shell Point in 2000. She was also a volunteer at the "Ding" Darling National Wildlife Refuge and St. Isabel Catholic Church.  
 This incredible woman leaves behind her three sons, Dick (Emily), Steve (Lynda) and Jerry (June), nine grandchildren and 18 great grandchildren.  
 A family memorial will be planned at a future date.\*

Elizabeth Jane "Betty" Muench passed away at her residence at Shell Point Village on December

**OBITUARY**



**JOHN F WILLIAMS**

John F Williams was born in Ilford, England on April 5, 1947. He passed peacefully away December

11, 2015.  
 He was the director of tennis at South Seas Plantation Resort for 30 years. His success expanded to resorts in Hawaii, Grand Cayman, Jamaica and Thailand.  
 John was a generous man to all who knew him and will be greatly missed by those who came back to see him year after year. John was larger than life itself. He brought laughter and fun to any gathering with his wit and ability to turn stories to a comedic routine.  
 A bright light has gone out for everyone fortunate enough to have known him.  
 John leaves behind his loving partner Heidi Koch, his sister Jennifer Duff (Essex, England) and his two beautiful children Savannah Marie Rollins and Devon John Koch, both of Fort Myers.  
 Memorial donations may be made to the John F. Williams Memorial Fund at Sanibel Captiva Community Bank.\*

From page 10

**Churches/Temples**

**ST. ISABEL CATHOLIC CHURCH**  
 3559 San-Cap Road, 472-2763  
 Pastor Reverend Christopher Senk,  
 Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call.  
**ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH**  
 5 p.m. Saturday Eucharist, 8 and 10:30

a.m. Sunday Eucharist, 10:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 6 p.m. Third Wednesdays Taizé Service. 472-2173, www.saintmichaels-sanibel.org  
**UNITARIAN UNIVERSALISTS OF THE ISLANDS**  
 Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol.com or 433-4901.\*

**HISTORIC CAPTIVA**  
**Chapel By The Sea**

PHOTO BY PAUL M. FRANKLIN

**OH COME, LET US ADORE HIM, CHRIST THE LORD**

**SUNDAY MORNING WORSHIP**  
 DECEMBER 20, 2015 - 11:00AM

**TRADITIONAL CHRISTMAS EVE**  
 THURSDAY, DECEMBER 24, 2014  
 MUSIC AT 6:30PM  
 CAROL SINGING & CANDLELIGHT SERVICE 7:00PM

**CHRISTMAS DAY – FAMILY WORSHIP**  
 DECEMBER 25, 2015 – 11:00AM

**SUNDAY MORNING WORSHIP**  
 DECEMBER 27, 2015 – 11:00AM

**NEW YEAR'S EVE COMMUNION**  
 DECEMBER 31, 2015 - 4:00PM

**Magnificent Christmas Lights will be on every night til 9PM thru Jan. 9, 2016**

**The Rev. George E. Morris**  
 11580 Chapin Lane – Captiva 239-472-1646

**SANIBEL COMMUNITY CHURCH PRESENTS FREE MOVIE NIGHT**

**SUNDAY, DECEMBER 20, 5 P.M. - TWO FREE MOVIES!**  
 Sanibel Community Church will be showing two versions of the classic Dickens tale "A Christmas Carol:"

- Albert Finney's "Scrooge" In the Sanctuary or
- "The Muppet Christmas Carol" in the Fellowship Hall.

Children must be accompanied by an adult.  
 Free hot dogs, popcorn, sodas, and hot chocolate will be served beginning at 4:30 p.m.  
 All are welcome! Bring a friend!

A love offering will be received for our local Salvation Army.

**JOIN US FOR WORSHIP THIS CHRISTMAS SEASON WITH SUNDAY SERVICES AT 8:00 A.M., 9:00 A.M. & 11:00 A.M.**  
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on an alto "aria" ocarina, an ancient wind instrument similar in sonority to a flute. According to Glass, the ocarina's pure sound "is particularly evocative as an accompaniment for the ancient carols that we commonly sing at Christmastime."

Marisa and Roland Salatino, daughter and son of Sanibel residents Joe and Kerry Salatino, are both students at Harvard. A sophomore, Marisa is engaged in a joint program of study in Economics, East Asian Studies and Harvard's new Theater, Dance and Media curriculum. In the past 10 years, she has performed all over the world, singing in both Chinese and English. Next summer, she will intern for Bloomberg News in New York City. She has performed for Christmas Eve services at St. Michael's for the past three years.

A senior at Harvard, Roland will complete his academic work in May, with a degree in East Asian Studies and Economics. Upon graduation, he will join Roland Berger Consulting in Chicago. During a trip to China three years ago, he learned to play the ocarina. This marks his second year performing on the ocarina for Christmas Eve at St. Michael's.

St. Michael and All Angels Episcopal Church offers the community three Christmas services, two on Christmas Eve and one on Christmas Day. The 5 p.m. Christmas Eve service is designed for families with children. During this service of familiar carols, candlelight and communion, children and teens participate in a Christmas play about the birth of Jesus and the visits of the shepherds and the three kings. The 8 p.m. service is also filled with music, candlelight and communion. The service on Christmas Day is at 10 a.m.

Individuals wishing to sing with the parish choir or perform as instrumentalists at St. Michael's can contact Glass at the church, 2304 Periwinkle Way, phone 472 2173 or log onto [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).

Roland and Marisa Salatino will perform for the 8 p.m. Christmas Eve service at St. Michael and All Angels Episcopal church

## Salatino Siblings To Perform At Christmas Service

On Christmas Eve, soprano soloist Marisa Salatino returns to the choir loft at St. Michael and All Angels Episcopal Church to sing during the prelude for the 8 p.m. candlelight worship service. With music minister and organist Hank Glass, she will perform Adolph Adam's famous Christmas aria, *O Holy Night*.

Glass describes her as a "consummate music professional. Marisa's voice is a beautiful, lyric soprano that resonates beautifully in the sanctuary," he says. "Although still a young singer, she intuitively understands classic, bel canto style and technique."

Salatino's brother Roland will appear with Glass during the communion segment of the same service. He performs

## Friends Who Care Needs Your Help

Friends Who Care, Inc. has been assisting Sanibel residents since 1983. The island-based organization provides help for children and adults in crisis-related situations. Friends Who Care works on an anonymous basis through information from local churches, schools and other caring individuals in our community.

Many volunteers have joined in the gift collection program, located at the Sanibel Post Office, Fire Department, The Garden Club, ABWA, The Dunes Golf & Tennis Club, Beachview Golf Club, The Sanctuary Golf Club, Island Seniors (Center 4 Life), Sanibel Captiva Community Bank, Bank of the Islands, Sanibel Captiva Association of Realtors, Sanibel Community Church and Sanibel Congregational United Church of Christ. The local service clubs - Kiwanis, Lions and Rotary - have contributed funds in support of our organization. They

have the continued support of many of the local realtors and island churches. Friends Who Care are also grateful to have Bailey's General Store and Jerry's Market's continued support.

Other contributions are given from private individuals, all providing their time and effort to make children and adults happy this holiday season.

On Thursday, December 17 beginning at 9 a.m., The Community House will host Gift Wrapping Day. Volunteers are needed and welcomed to help pitch in; please bring scissors. For more information, call Kitty at 472-5152.

The Sanibel-Captiva Kiwanis Club's annual Santa Run delivers gifts to the children and seniors on the islands on the evening of Wednesday, December 23.

To advertise in the  
*Island Sun*  
Call 395-1213

# Sanibel Congregational United Church of Christ

*Presents*

## A HOLIDAY SEASON OF MEMORABLE SERVICES

December 24, 2015

## ANNUAL LIGHTHOUSE BEACH CHRISTMAS EVE SERVICE

5:00PM, a free will offering will benefit F.I.S.H. and The Salvation Army

December 24, 2015

## CHRISTMAS EVE CANDLELIGHT SERVICE

9:00PM in our sanctuary

December 27, 2015

## BELL SUNDAY

7:45AM, 9:00AM & 11:00AM



SANIBEL  
CONGREGATIONAL  
UNITED  
CHURCH  
CHRIST

2050 Periwinkle Way • Sanibel, FL 33957  
(239) 472-0497

## Christmas Story Program At Church

Last Wednesday afternoon, the children at Sanibel United Church of Christ Preschool took part in a program called Shine!, learning the Christmas story.

During December, the children attending the Wednesday after-school program are making story wreathes from ordinary materials, such as paper bags, to



Addie and Drake focus on their creative efforts

remind the students that God does extraordinary things through seemingly ordinary people and events.

Shine! meets Wednesdays during the school year from 3:30 to 5 p.m. For more information, contact Pastor Deb at 472-0497.✧

## Pin The Tail On The Bethlehem Donkey



Dawson Liebetrau and Scarlett Strauss

Youngsters Scarlett Strauss and Dawson Liebetrau enjoyed playing Pin the Tail on the Bethlehem Donkey last Wednesday night during the Peace Around The World LOGOS dinner at Sanibel Community Church. This mid-week program is for families with kids ages 3 years through fifth grade. For more information, contact Kathy Cramer at 472-2684.✧

## COME WORSHIP

with Sanibel Fellowship, SBC

Sunday 10 to noon

Meeting now at

George & Wendy's Sanibel Seafood Grille  
(2499 Periwinkle Way)

Park and enter side door please

**Pastor Mark Hutchinson – 239-284-6709**

**You Are Invited!**  
**SANIBEL COMMUNITY CHURCH**  
**CANDLELIGHT CHRISTMAS EVE**  
Thursday Evening, December 24

**Four Services Of Worship**

**4 & 6 p.m. – Contemporary**  
**in the Sanctuary**

**8 p.m. – Traditional Service**  
**with Choir - Sanctuary**

**11 p.m. – Traditional Midnight**  
**Communion - Historic Chapel**

Each service will be "family friendly" with a dramatic presentation of the gospel message by the Shepherds with their lambs. The Sanctuary will be decked out with a starlit sky proclaiming that the Light of the World has come.

The Christmas Eve offering will go toward  
Community Housing & Resources, inc. (CHR) on Sanibel.

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JOIN US FOR SUNDAY WORSHIP WITH SERVICES  
AT 8:00 A.M., 9:00 A.M. & 11:00 A.M.

## Free Movie Night

This Sunday, December 20 at 5 p.m., Sanibel Community Church will offer two versions of the classic Charles Dickens' tale *A Christmas Carol*.

In the Sanctuary, Albert Finney's *Scrooge* will be shown, while in the Fellowship Hall, families can watch *A*

*Muppet Christmas Carol* together. Children must be accompanied by an adult. Free hot dogs, chips, sodas and hot chocolate will be served. Hot dogs will be hot and ready by 4:30 p.m.

Sanibel Community Church is a non-denominational church located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit [www.sanibel-church.com](http://www.sanibel-church.com) or call 472-2684.✧

## WE HOPE YOU'LL JOIN US FOR

**Christmas Eve**

**Children's Service w/ Eucharist**  
at 5 o'clock

**Traditional Service of**  
Eucharist, Hymns & Carols at 8 o'clock

**Christmas Day**

10:00 in the morning  
A traditional service of Eucharist, hymns & carols.

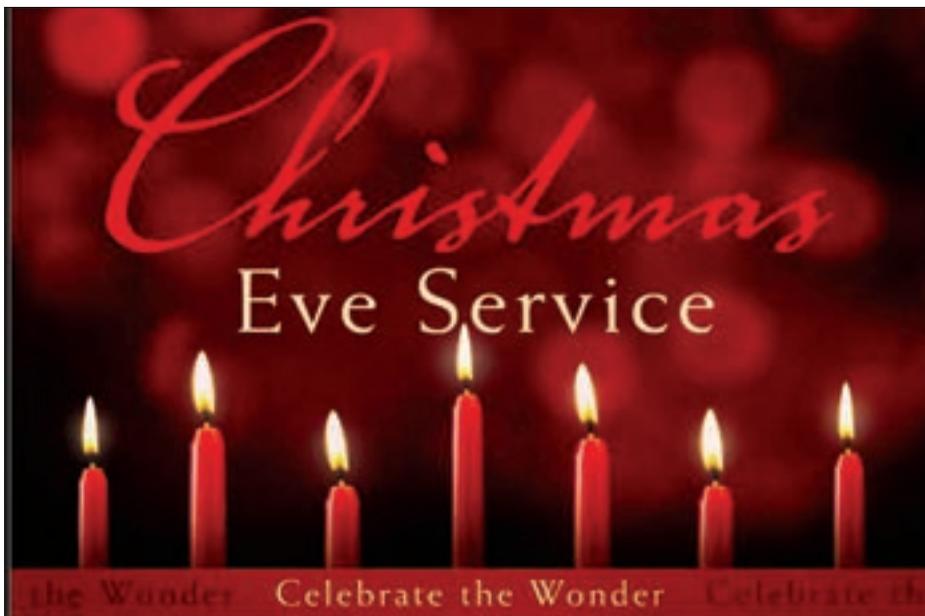
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Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✱



## Christmas Eve At Community Church

Christmas is such a special time on Sanibel Island. To celebrate, Sanibel Community Church will be offering four opportunities of worship. At 4 and 6 p.m., the church will host Contemporary Worship services, with the full Praise Team. There will be a special treat for every child...and the message of the evening will come from shepherds who have just seen the new born King.

At 8 p.m., their Traditional Christmas service features the Chancel Choir leading carols of praise. Again, the shepherds with their lambs will proclaim the good news. The final service will be at 11 p.m. in the Historic Chapel, concluding with communion at midnight. The shepherds and their lambs will make one final Christmas Eve appearance. Each of the services will include the lighting of the candles and singing of *Silent Night*. Following each of the services, there will be a "photo op" with the shepherds and lambs.

Because Christmas is a time of giving, a special offering will be received at each of the services in support of Community Housing and Resources, headquartered right here on Sanibel.

## New Cub Scout Pack Formed At Sanibel Church

After many years of Sanibel boys needing to travel off island to participate in the Cub Scouts program, Sanibel Community Church has announced that it is the charter organization for Pack 1740, a new Cub Scout pack in the Southwest Florida Council.

The executive officer of the new pack is Pastor Daryl Donovan, with Kevin Schafer, youth pastor, serving as the new pack's charter organization representative (COR), a liaison between the church and the pack.

All adult leaders and committee members are approved by the COR before submission to the Southwest Florida Boy Scout Council. Island resident Walter Jones is the unit commissioner, the liaison between the pack and the council. Jones has prior experience in scouting in Ohio.

Cub Master Brian Boyd leads the island pack of 16 scouts in their Tiger, Wolf and Bear dens; Jimmy Stevens is the den leader of the first grade Tigers and Kara Stone is the leader of the second grade Wolf den. Local Boy Scout Max Stone serves as den chief to the Wolves, providing mentorship, assistance



Cub Master Brian Boyd leading the knot-tying learning station with Nicholas Tison, Karsten Schafer and Charlie Stone

and encouragement for them to continue advancement into Boy Scouts.

Cub Scouts meet once a week when the boys focus on leadership skills, community service and patriotism.

Boys in first through 5th grades may join Cub Scouts at any age, regardless of prior experience. As the current cubs, plans include addition of a Boy Scout Troop on Sanibel, serving boys in grades six to 12.

Contact Kara Stone at 223-4625 to volunteer as a leader, committee member or special skill teacher; to join the Cub Scouts; and/or to make a donation to the new pack.✱

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The Lusk family – mom Jennifer and children David and Kylie – attended the Captiva Civic Association’s opening reception of their Deck The Hall With Chapels art exhibition on December 8. The show runs through Friday, December 18 at the Captiva Civic Center, 11550 Chapin Lane. photos by Jeff Lysiak



Artist Kathleen Taylor stands next to her watercolor painting, *Captiva Chapel by the Sea Again*, which took top honors at the 58-piece exhibit



Opening reception attendees reviewed the paintings, pastels, photographs and pen and ink artwork on display



Dozens of people circulated the Captiva Civic Center on opening night of the art exhibit

## Exhibit Decks The Hall With Chapels

by Jeff Lysiak

On December 8, the Captiva Civic Association (CCA) hosted the opening reception of their Deck The Hall With Chapels art exhibition, with more than 100 guests and artists in attendance.

The 58-piece showcase features artwork focused on Captiva’s iconic Chapel by the Sea, including original creations in oils, watercolors and acrylics, wood, pastel and pen and ink drawings and photography.

Fort Myers resident Kathleen Taylor was selected to receive the exhibit’s first place prize for her watercolor painting, *Captiva Chapel by the Sea Again*. According to the Sanibel-Captiva Art League member, she created her masterpiece over the course of several weeks during the group’s plein air paint-outs.

“I’ve been painting since 1985, but actually I grew up doing paintings,” said Taylor, who grew up in Massachusetts. “My mother was an artist, so whenever we went on vacation, we painted.”

Second place went to an oil painting, *Where All Are Welcome*, by Stan Timson,



Second place went to an oil painting, *Where All Are Welcome*, by artist Stan Timson



Third place went to an oil painting, *Chapel by the Sea, Captiva*, by artist Mary Klunk

while third place went to *Chapel by the Sea, Captiva*, an oil painting by Mary Klunk.

Prize winners were selected by the CCA Art Committee, and a portion of artwork sales – priced from \$100 to \$950 – go to the CCA to fund future art exhibitions.

The Deck The Hall With Chapels art exhibit runs through Friday, December 18 at the Captiva Civic Center, 11550 Chapin Lane. Hours are Wednesday and Friday from 11 a.m. to 1 p.m., or call 472-2111 to make an appointment.\*



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Last week, members of the Island Seniors gathered at the Center 4 Life to conduct their annual meeting, to hear guest speaker Ray Fenton discuss Aging In Place, and to have lunch

photos by Jeff Lysiak

## Island Seniors Gather For Annual Meeting

by Jeff Lysiak

Last week, members of the Island Seniors gathered at the Center 4 Life to conduct their annual meet-

ing, which included a financial report, the election of new board members, an update on the proposed Civic Core Development, a guest speaker and lunch.

“We would like to do some new activities here, but in order to do that we’ll need some new volunteers,” Island Seniors President Tom Ledgerwood told the standing room only crowd. “If you’re a winter person, or if you would like to meet some of your neighbors, volunteering is a great way to do that.”

Bud Reinhold, treasurer, told members that the group’s year-to-date (YTD) income was \$91,771.94 while YTD expenses were \$67,221.73, leaving a YTD net income for 2015 of \$24,550.21. The Island Seniors’ five income categories this year included tours (\$22,647), the Trash-To-Treasures sale (\$13,395.69), membership fees (\$12,640) and excursions to the Barbara B. Mann Performing Arts Hall (\$9,090), Florida Rep (\$7,083) and ARTIS Naples (\$5,097).

“We have been very, very busy, and we expect to do the same next year,” said Trish Phillips, manager, who noted that revenue generated from last month’s Trash-To-Treasures sale established a new record. “Thank you for making this a wonderful place to work, for me and all of my staff,” she added.



Conceptual drawings and layout plans of Sanibel’s Civic Core Development were on display



Sanibel Mayor Kevin Ruane talked about the proposed Civic Core Development

Phillips also noted some statistics compiled during the past year:

- 7,138 people attended fitness classes;
- 2,560 people participated in yoga classes;
- 626 people attended twice-weekly kayak excursions,
- 1,084 people took part in bridge sessions; and
- 331 people took part in mahjonn.

Board member Shirley Schulz conducted the election of three new board members – Sally Ennis, Anita Marshall and Lynn Quigley – before Sanibel Mayor Kevin Ruane delivered an update on progress on the city’s Civic Core Development.

The long-proposed conceptual plan would consolidate BIG ARTS, the Sanibel



Trish Phillips delivered the manager’s report

Historical Museum & Village and the Center 4 Life onto a 25-acre site along with city hall, the library and the public works department. The Community House would remain in place, but members of the Sanibel Community Association have requested that pavilions be built at the site for use by the community.

“First we have to find out the cost associated with it and how it would operate,” said Ruane, who told the group the project would be funded by the county, BIG ARTS and the City of Sanibel. “My job is to sell (the idea) to Lee County, because I’m the one who has to ask them for a big check.”

Following lunch, guest speaker Ray Fenton talked about architecture and the topic Again In Place.\*

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## The Sanibel Sprout What Creates A Conscious Kitchen?

by Chef Nikki Rood



For me, a conscious kitchen starts with the practice of cultivating mindfulness in every way, every day.

When I wake up early in the morning and pad into my kitchen, I’m always

taken by how the early morning sun prisms through the window, illuminating all the different golden wood grains on

my trusty bamboo cutting board. I admire how my old chef knife gleams in its place of honor on that board – always set carefully, like a ritual, at the end of each night to lay on on a soft, well-worn burnt orange and red dish towel from France, rolled up to create a little resting pillow for that sharp, reliable steel. Maybe I can sniff a lingering aroma of cinnamon, or cumin or saffron from a culinary adventure the day before. A whole nutmeg and some golden raisins fallen on the floor have now become the best cat toys ever – and there is a sense of innocent mischief and playfulness in the kitchen.

What better way to set the tone for preparing and cooking nourishing food than simply to be present and embody all the richness of life around you? The sun shining through the window kisses the gently kneaded dough of my chocolate

continued on page 20




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From page 18

## Conscious Kitchen

zucchini bread and starts to cook it with a beautiful light, even before it goes in the oven.

A bright bunch of yellow sunflowers sitting in a mason jar on my kitchen counter are reaching for the sky and absorbing water into their thirsty stems, reminding me to do the same.

The smell of freshly brewed coffee always brings me back to memories of the Peruvian Amazon, where we visited rustic coffee farms and watched as the beans were dried and cured out in nature's intelligent elements. There are a million other sensory bits of information

that feed my spirit and soul long before I begin preparing food to nourish others.

It's nice to recall the kitchen as being the traditional location of the old time hearth. Our ancestors cooked so very differently than we do now and in fact, many people around the world still cook in these ways. Imagine carefully laid stone and wood and cast iron and fire lots of good hard, rewarding work. Despite all of the razzmatazz of modern kitchens today, with their expensive and impressive designs, every bell and whistle imaginable and status symbol allure, I still encourage us all to create kitchens that are a space of communal gathering, where friends and family can feel a simple sense of home.

A conscious kitchen is a safe place

of warmth and the area of a dwelling where the proverbial fire is always kept stoked and bright. Let's stretch to envision that the "hearth" is a metaphor for the "heart" and home is where the heart is, right?

Remembering and renewing these values can be the first step in taking back our health and improving the quality of our lives in every way. The holidays are upon us, and what better way to celebrate and express your love for yourself and those surrounding you than to make a little magic happen in your kitchen? A grounding butternut squash soup sitting in a crockpot on the counter with a freshly baked focaccia with caramelized onions? Just watch the crumbs and the grateful smiles you'll create. A gorgeous multi-col-

ored plating of roasted root vegetables or a brown butter sage risotto with chocolate pears for dessert? Light a candle while you work and play some good music.

Mindfully preparing food begins with awareness, an immense gratitude for life and a desire to see the bigger picture. Cook beautifully for yourself and others. Make your hearth merry. It is one of the healthiest and enduring gifts you can give yourself and your loved ones this holiday season.

Eat well, laugh well, sleep well and love well. Until next time – Chef Nikki

*Please join me in creating this Conscious Kitchen Community and feel free to reach me at [www.sanibelfoodcoop.com](http://www.sanibelfoodcoop.com). Helping you take responsibility for your health. ✨*



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## 'Ding' Darling Lecture Series Features Authors, Other Experts

The book titles featured in the 2016 "Ding" Darling Nature Store Friday Lecture Series – including *Sex, Drugs and Sea Slime*; *Ditch of Dreams*; *The Plant World of the Calusa*; and *Rain* – are as intriguing as varied. The series takes place in the "Ding" Darling Visitors & Education Center Auditorium at the JN "Ding" Darling National Wildlife Refuge on Sanibel starting on Friday, January 8 and ending on April 15.

The free 13-lecture series kicks off on January 8 with *The Plant World of the Calusa: A View From Pineland* featuring Cindy Bear from Randell Research Center on Pine Island and author Martha Kendall. They team up to talk about how local flora helped the Calusa culture thrive centuries ago.

Other lectures will examine reddish egrets, lionfish, pythons, the Florida Trail and women's fight for the environment in the 20th century.

HighTower Advisors of Fort Myers, along with Mike and Terry Baldwin, are sponsoring the 2016 lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). Because of their popularity, the free lectures will be held twice each Friday, at 10 a.m. and 1 p.m.

The season's complete schedule is listed below. Book signings follow all of the

starred (\*) lectures.

Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome to enjoy the free "Ding" Darling Visitor & Education Center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to [dingdarlingsociety.org/](http://dingdarlingsociety.org/) lectures for links to lecture descriptions. For the schedule of the 2016 DDWS Film Series, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films).

- \* January 8 – Cindy Bear and Martha Kendall – *The Plant World of the Calusa: A View From Pineland*
  - January 15 – No Lecture
  - \* January 22 – Cynthia Barnett – *Rain: A Natural & Cultural History*
  - January 29 – Dr. Ken Meyer, ARCI – *The Dance of the Reddish Egret: From 'Ding' to North Florida*
  - \* February 5 – Ellen Prager – *Sex, Drugs and Sea Slime: The Oceans' Oddest Creatures and Why They Matter*
  - \* February 12 – Don & Lillian Stokes – *Better Birding*
  - February 19- No Lecture
  - February 26 – Jerry Lorenz – *Roseate Spoonbills in Florida Bay: Pink Canaries in a Coal Mine*
  - \* March 4 – Steve Noll – *Ditch of Dreams: The Cross Florida Barge Canal and the Struggle for Florida's Future*
  - \* March 11 – Leslie Kemp Poole – *Saving Florida: Women's Fight for the Environment in the 20th Century*
  - March 18 – Emily Stokes, Reef.org – *Invasion of the Lionfish*
  - March 25 – Ian Bartoszek – *Pythons in Paradise: Collaborative Burmese Python Research in Southwest Florida*
  - April 1 – Teddy Roosevelt Reprisal by Joe Wiegand
  - \* April 8 – John H. Hartig, *Bringing Conservation to Cities: Lessons from Building the Detroit River International Wildlife Refuge*
  - \* April 15 - Sandra Friend and John Keatley, *The Florida Trail Guide*
- To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarling-society.org](http://www.dingdarling-society.org) or contact Birgie Miller at 239-292-0566, 239-472-1100 ext. 4, or [dingdarlingsociety@gmail.com](mailto:dingdarlingsociety@gmail.com).✪



Celebrity birders Don and Lillian Stokes are always a highlight of the "Ding" Darling Friday Lecture Series



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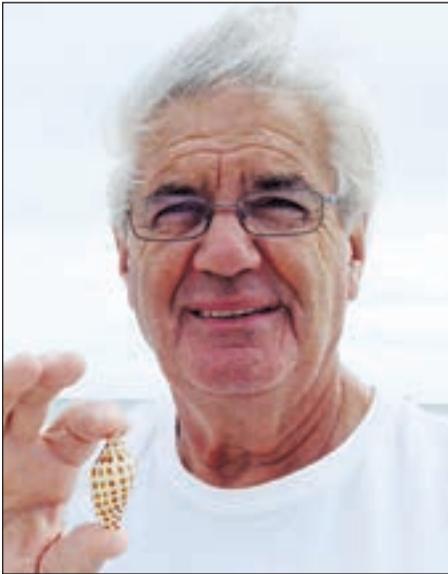
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## Shell Found



H. Richard Roberts found this junonia on a Sanibel beach

Famille Roberts sent the following message and photo of her husband, H. Richard Roberts, who found a junonia on the beach off of West Gulf Drive: "We are residents of Periwinkle Park nearly 10 years (and) this is the second... and it is me who is on the beach almost every day... I have not found one!"\*

## Shell Found



Zoe Hooper

Zoe Hooper found this alphabet shell on the beach at West Gulf Drive. Zoe lives in York County, Pennsylvania, and was visiting her grandparents who live on Sanibel.

She said she was so happy to find her first special shell over her Thanksgiving break.\*

## Fish Caught



Logan Harrell

Logan Harrell caught and released a snook while his twin sister Ella looked on. Logan and his parents, Danish and Lamar Harrell, were visiting Wesley and Jimmy Fay and family for Thanksgiving.\*

## SCCF Programs

### Take A Wildflower And Pollinator Walk

A Wildflower and Pollinator Walk at the Bailey Homestead Preserve will take place on Tuesday, December 22, Tuesday, January 12 and Thursday, January 22 at 11 a.m. Dee Sarge will lead the walk at SCCF's Native Landscapes and Garden Center's new pollinator garden at the Bailey Homestead. See who is nectaring on the hundreds of wildflowers and learn the native butterfly host plants. Reservations are required. Call 472-2329.

### The Bees Of Sanibel And Captiva

Even though honeybees get all the credit for pollination, some experts believe that the native bees may be doing 60 percent of the work. Join Dee at SCCF on Wednesday, December 23 at 10 a.m. for an up close and personal photographic story of the lives of the native and non-native bees of Sanibel and Captiva. You might also get to see live male green orchid bees at the scent station set up for them by the butterfly house. Did you know that male bees do not have stingers?

Call SCCF at 472-2329 for more information on these programs. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.\*

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# Hard Edge Honey Holes



by Capt. Matt Mitchell

Near perfect weather conditions along with my favorite wintertime fishing set-up of minus low incoming tide proved to be ideal for the bite to go off this week. Besides awesome

action the variety of species was outstanding too. Snook, redfish and mangrove snapper were the main target species along with some hard fighting bonus catch-and-release gag grouper.

During these super low minus tides we experience all winter I do the majority of my fishing in deeper channels. These deep water areas can be either natural or man-made. The deciding factor that can make or break a channel is it having strong tide movement. These likely channels can be found throughout the sound. Add in some good structure and odds are the fish will be there.



Mary Ann Siclari with a 30-inch redfish caught fishing with Capt. Matt Mitchell this week

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

Channels and cuts that run through shallow exposed grass flats, creek entrances and deeper mangrove shorelines are where I have the most success during the first few hours of a low incoming tide. Most of these places have one thing in common: a hard edge. This is basically where the water goes from super shallow dropping off quickly into deeper water. Generally it drops off so fast because it's been cut by the tide.

Next comes finding that magic combination with the right set-up of the wind and tide moving together on a hard edge. This creates an ambush point with the wind and current bringing the food to the fish. Gamefish stack up in these places, the lower the water the more concentrated they will be. Work out this winter low tide pattern and you will be rewarded with some of the most wide open action of the year.

So far this December we have seen very few sheepshead around due to the unseasonably warm conditions. These usually abundant fish are an easy choice to target when my clients are looking for a fresh fish dinner. With the sheepshead just not biting and the catch-and-release snook bite being so good, I have been snook fishing most trips and generally catch enough other random species including mangrove snapper, redfish, flounder and trout along the way to put in the cooler and make everyone happy.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

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Dave Doane

## CROW Case Of The Week:

## Northern Gannet

by Patricia Molloy



The northern gannet is a spectacular migratory seabird that winters in coastal waters off Florida and, occasionally, Texas. As the only northern member of the booby family,

During the early stages of care, the gannet required daily tube feedings of Piscivore Care, a formula designed to meet the metabolic needs of critically-ill, fish-eating seabirds. It also required fluid injections under its skin to prevent dehydration and the administration of a liver detox with milk thistle to stimulate its liver into filtering out the toxins.

Daily exercise for the gannet comes in the form of tub time. In addition to being good physical therapy, it allows the staff to monitor the bird's strength and stamina at a safe distance without causing undue stress to the patient.

"He doesn't swim around a lot. He just sits there floating," said Melissa Fox, certified vet tech and veterinary assistant. After tub time, Fox said that the gannet is eager to return to its comfortable, quiet cage located in a back room of the clinic's ICU. "He sleeps a lot with his head tucked-in," she said.

With the dedicated support of CROW's veterinarian staff and students, the prognosis for the northern gannet is promising. Patient #15-3462 is expected to make a full recovery and be returned to its home on Sanibel's beaches.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org) ✨

northern gannets are one of the only bird species in the world to possess binocular vision, meaning they are able to see forward with both eyes. Graceful, fast-flying birds, they can glide just above the ocean's surface for hours at a time. Gannets are also powerful plunge-divers capable of diving up to 72 feet in pursuit of shoaling pelagic fish.

A lethargic northern gannet (*Morus bassanus*) was discovered December 4 near the beach. No other history was available. Upon his examination at CROW, the seabird appeared to be suffering from brevetoxicosis, an all too common diagnosis caused by the ingestion of the algal bloom responsible for red tide.

While red tide causes little more than respiratory and eye discomfort for most humans, it has a more serious effect on marine wildlife. Exposure to the algal bloom can be dangerous, even fatal, to fish, sea turtles and birds.



It takes four to five years for the plumage of a northern gannet to turn snowy white (with jet-black wingtips), like that of this adult, patient #15-3462



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## Wreaths Across America – Tribute At Sea

submitted by Ellen Trevor

December 12 marked the date for a wreath laying ceremony in the gulf. Like the wreath laying ceremony held at Arlington National Cemetery, wreaths were set afloat off Sanibel to honor service members who were lost or buried at sea. Wreaths were placed for the United States Army, Marine Corps, Navy, Air Force, Coast Guard, Merchant Marines, and POW/MIAs.

The service was attended by U.S. Coast Guard Cutter *Marlin*, Sanibel Police, Fort Myers Police and fire boats, Cape Coral Police, Lee County Sheriff, and others. A group of four ultralight aircraft, the SeaRey Pilots, flew escort. The Sanibel Captiva Sail & Power Squadron was represented by the vessel *Caroline*.

This annual on-the-water ceremony off Sanibel Island began in 2009 and was the first on-water ceremony in the United States. The organizers, Captain Pat and Nancy McCarn, are with Cape Charters in Cape Coral. For more information about the local Wreaths Across America event, go to [www.capecharters.net](http://www.capecharters.net).✪



Wreath set afloat in honor of service members lost or buried at sea



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Shell Of The Week

# Dall Wentletrap



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

**D**all wentletrap, *Cirsotrema dalli* Rehder, 1945, can reach more than 30 mm

(about 1.2 inches). It has a chalky shell surface with ribs and a background pattern of spiral cords. In addition, about 2 to 3 thicker ribs per whorl are present in this species. Species in this genus display an outer shell layer called *intritacalk*, which easily wears off in older shells. Dall wentletrap is more commonly found in deeper water. The shell on the left, measuring a little more than an inch, was collected in 2012 by Donnie Benton under the Blind Pass Bridge (between Sanibel and Captiva). Its unusual presence in shallow water may have resulted from beach nourishment efforts that took place that year. However, a second, very worn, shell of the same species was found in December 2014 on the beach near Seagrape Street (Sanibel) by Martha Phillippi. This latter shell, measuring ¾ inch, is shown in the images on the right, assembled from photos taken by Priya Lehr. Species identifications



Dall wentletrap, *Cirsotrema dalli*. Left, adult shell measuring slightly more than an inch (photos by José H. Leal); right, juvenile shell measuring ¾ inch photos by Priya Lehr

confirmed by wentletrap specialist Dr. Emilio García of Lafayette, Louisiana.

### Shell Museum Events

The Shell Museum will be open on Christmas Day, December 25, and New Year's Day, January 1, from noon to 4 p.m.

Daily Island Inn Morning Beach Walks (Advance booking required): Join our Marine Biologist for a beach walk near Island Inn on Sanibel Island. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited so book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk guests receive half-off Shell Museum admission. (Current Island Inn

guests should book through the Inn).

Mollusk movies and scavenger hunts run continuously throughout each day.

Daily Tank Talks, 11:30 a.m. and 3:30 p.m.: Gain great insights into the fascinating world of mollusks!

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO

Wednesday at 1:30 p.m.: Mid-Day Tank Talk at the Museum live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it

home with you!

Saturday at 1:30 p.m.: Sanibel Shells - Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO.

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

### City of Sanibel Vegetation Committee

## Plant Native, Save Water

**T**he City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted solely with native plants. The next tours are on Wednesday, January 13 and Saturday January 23.

The public is invited to walk the grounds for ideas on planting native vegetation that requires no fertilizer, and see how to plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation.

Registration is not required. Attendees meet at the main entrance to city hall, 800 Dunlop Road, in front of the main staircase.

For more information, contact the Sanibel Natural Resources Department at 472-3700 or [www.mysanibel.com](http://www.mysanibel.com).

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Plant Smart

# Ackee

by Gerri Reaves

There's something about ackee's (*Blighia sapida*) shiny deep black seeds that warns "beware." And that instinct should be heeded, for those seeds, as well as the fruit, are highly poisonous.

If that isn't enough to deter you from even thinking of eating the fruit, the alternate common names of vegetable brains or apple brains will.

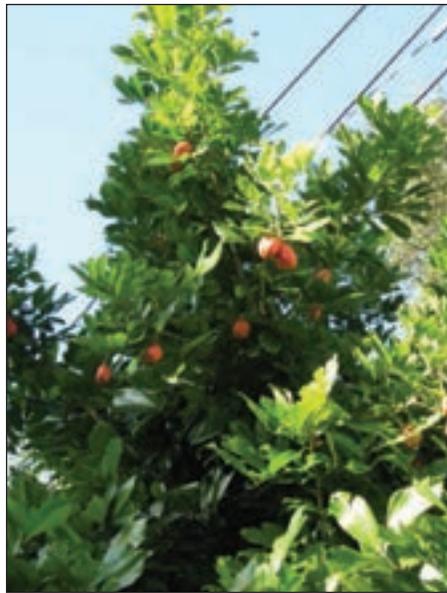
Ackee belongs to the same family, *Sapindaceae*, as the Florida natives, red maple (*Acer rubrum*) and soapberry (*Sapindus saponaria*). That family also includes species such as the destructive and invasive carrotwood (*Cupaniopsis anacardioides*).

This fruit tree is native to the Ivory and Gold Coasts of West Africa. Capt. Bligh introduced it to Jamaica in 1793 as a food source for slaves, and it is now cultivated throughout the Caribbean and in Central America, South American and the U.S.

It has become naturalized and is grown commercially in Jamaica, but is not recommended as a landscape plant in Florida because it is so poisonous to both humans and animals.

Ackee is an attractive tree with a short trunk and dense crown. It reaches up to 40 feet tall and grows fastest in fertile, well-drained soil.

This evergreen has glossy compound



The ackee tree, indigenous to West Africa, has dense foliage and red fruit capsules photos by Gerri Reaves

leaves with six to eight oblong or elliptic leaflets. The five-petaled fragrant flowers bloom most profusely in spring.

However, despite the pretty foliage and fruit, the public's general unfamiliarity with the tree poses a danger. Eating any part of the fruit at the wrong phase of growth can be fatal.

The scarlet leathery fruit capsule is somewhat pear-shaped, three-lobed and about three or four inches long. It splits open after ripening to reveal three large, hard, black seeds and a creamy, yellow fleshy interior.



The fruit is highly toxic to humans and animals unless consumed at the proper stage of development. The seeds should never be eaten.

If the fruit is eaten prior to the splitting or too long after natural splitting, it will be poisonous. Only the pulp of a properly ripe ackee should be eaten. The seeds are poisonous at all stages of development.

If you have a yearning to try this exotic nutritious fruit, it might be advisable to simply buy imported commercially produced canned or frozen fruit.

The fascinating tree serves a variety of uses in African countries: the lathering green fruits serves as laundry soap, the crushed fruits as fish poison, all plant

parts for medicinal purposes, the wood in construction and the flowers in making cologne.

Sources: edis.ifas.ufl.edu, hort.purdue.edu, and ofwlaw.com.

Plant Smart explores the diverse flora of South Florida.✪

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LIVE MUSIC

# What's Ahead For Sanibel Traffic?



by David Bath, President, Committee of the Islands

There is widespread agreement that traffic congestion on Sanibel in the 2015 season caused much discontent. Since then, the Committee of the Islands (COTI) has been very involved in the public discussion of seasonal traffic. We publish this review to provide some perspective on what to expect in 2016.

### Will traffic be worse in 2016 than 2015?

For several reasons the answer is "probably yes":

- Since 2006, the number of vehicles over the causeway has steadily increased.
- The traffic in September this year was up 7.8 percent over

2014 and for Thanksgiving up 9 percent.

- The Lee County Visitors and Convention Bureau has increased advertising to \$17.4 million annually using the theme (or brand name), The Beaches of Fort Myers and Sanibel.

- In 2012, Arthur Frommer ranked Sanibel as his favorite place to visit in the world. Since then, Sanibel has received many other accolades and is now increasingly recognized nationally and internationally.

- Lee County population is projected to grow by 15,000 every year for the next 25 years.

### What steps are we taking to mitigate these pressures?

First, we commend our mayor and city council for their dedicated efforts to address the traffic issue. Kevin Ruane has repeatedly emphasized that there are no easy solutions and that the process may require several years of hard work and negotiation. Here are some of the useful actions taken by the city over recent months:

- We can now receive vehicle counts from the toll booths on an hourly basis. This will provide real time data and allow projections of traffic conditions. Beach parking data is also being considered.

- Traffic messaging by sign boards on Summerlin, and by various digital options, is under review.

- Council has authorized a public relations company to create and disseminate messages. One initiative will focus on mainland hotels so they can inform their guests about Sanibel's traffic conditions.

- Council has also authorized a professional study to assess what impact traffic congestion is having on day visitors, residents and workers. Data like this will be essential

for later discussions with Lee County.

- The mayor has formed a "traffic working group" from Sanibel organizations which include the chamber of commerce, the realtors association, COTI, representatives from the hotel industry, and CASI (Condominium Associations of Sanibel, Inc.).

### How effective will these actions be?

Hopefully, these actions will be helpful and lead to reduced traffic congestion. If this does not occur, then other options will need to be explored and tested. Realistically, however, Lee County owns the causeway and controls the flow of vehicles to Sanibel. We will need Lee County's help to find lasting solutions.

COTI plans to share further commentaries about traffic congestion on Sanibel.

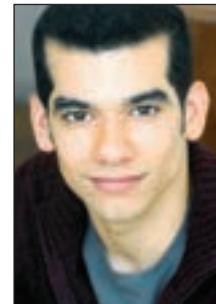
To read our past commentaries on island issues – and to register for the COTI's free email news service – visit our website at [coti.org](http://coti.org). Comments on this or other island issues are welcome. Email them to [coti@coti.org](mailto:coti@coti.org), or visit Committee of the Islands on Facebook.\*



Vic Legarreta



Samantha Rotella



Juan Luis Espinal



Tempest Perrin

From page 1

## A Musical Celebration

Samantha Rotella, who appeared in *Winter Wonderettes* in 2012 and 2013, as well as several other shows. Joining them are Juan Luis Espinal and Tempest Perrin, who both appeared in the summer hit, *Rhythm of the Night*, and the Strauss Theater's own *Bobby Logue*.

The theater is at 2200 Periwinkle Way, Sanibel. Tickets are \$35 adult and \$5 student/child, and are available at the Strauss Box Office, 472-6862, or online at [www.bigarts.org/theater](http://www.bigarts.org/theater). Performance times are 7:30 p.m. December 18, 19, 21, 22, 23, 26, 28, 29, 30; 7 p.m. December 31; and 4 p.m. Sundays, December 20 and 27.\*



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The December 10 Writers Read participants

## Poetry And Prose At BIG ARTS

by Di Saggau

It was an evening of writing creativity at the annual Winter Writers Read, held on December 10 in Phillips Gallery at BIG ARTS. Sixteen members from the five island writers groups contributed to making the evening – the 56th Writers Read – a huge success.

The content of the readings brought smiles to our faces and sometimes reminded us of past memories in our own lives. One dealt with a doctor operating on a cat

with a large hair ball. Another was about a visit with the Pope under dire circumstances. Others included a couple accidentally ending up on a nudist island, travels of a blue scarf, and a woman who liberated a men's bar but ended up in a lawsuit. These were just a few of the delightful offerings.

Those taking part were John Raffensperger, Tanya Hochschild, Marcia Rudin, Chris Godwin, Karl Rodman, Jean Jensen, Nancy Carlile, Johnnie Lorren, Dawn Schumann, Mary Lavelle, Lorraine Walker Williams, Jack Chappell, Joe Pacheco, Joyce Rand, Bev Forslund, Bob Maxeiner and Martha Jeffers.

The next Writers Read will take place in March.\*

## Fish Caught



Rick Palumbo and Tom Schieber each caught a redfish

**R**ick Palumbo and Tom Schieber, visiting from Maplewood, Minnesota, caught a 24-inch and a 26-inch redfish while on a Sea Reed Charter last week.✪

## Fish Caught



Brian Armstrong with a 30-inch snook

**T**his is one of the last snooks of the season. Brian Armstrong caught this 30-inch beauty.✪

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# Lighted Boat Parade Winners



First place winner in 36-foot and over category, Jim Seaton's *Paving the Way*



First place winner in the sailboat category, *Adventure*, from Captiva Island Yacht Club

The winners of the 6th annual Captiva Lighted Boat Parade on December 12, sponsored by Captiva Cruises, were announced at the awards ceremony held at the Key Lime Bistro on Captiva.

Winners:

**35 feet and under** – first place, *Blue by You*, Best Boat Clubs, Steve Harris; second place, *Thrill Seeker*, YOLO Water Sports, Nikolas and Marcel Ventura; third place, *Shoal Bandit*, Jensen's Marina, Dave Godfrey;

**36 feet and over** – first place, *Paving the Way*, Jim Seaton; second place: *Island Girl I*, Island Girl Charters, Jeff Williams; third place, *Cross Angle*, Bo Severson;

**Sailboats** – first place, *Adventure*, Captiva Island Yacht Club; second place, Captiva Yacht Club Sailing Program; third place, *Trust Me*.

A record breaking number of spectators watched the parade aboard Captiva Cruises' *Lady Chadwick* at McCarthy's Marina, the Green Flash and 'Tween Waters Inn.

Prizes were donated by Captiva Cruises, 'Tween Waters Inn, South Seas Island Resort, The Sanctuary Golf Club, Offshore Sailing School and Key Lime Bistro.

The Captiva Lighted Boat Parade is part of Captiva Holiday Village, a five-week holiday celebration that begins Thanksgiving weekend and continues through December. Captiva Island is festively decorated and the quaint seaside village plays host to a variety of events including golf cart and boat parades, Holiday Strolls, Arias on the Beach and holiday activities. Special island get-away packages are available at [www.CaptivaHolidayVillage.com](http://www.CaptivaHolidayVillage.com). For more information call 472-5300.\*



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## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, December 18, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge - Why Animals Come to CROW, presented by CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

**Friday, December 18, 2 to 3:30 p.m.**, \$20 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. A photography opportunity is available following the tour with an animal ambassador.

**Saturday, December 19, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge - Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Monday, December 21, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge - CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

## HORTOONS



**Tuesday, December 22, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge - Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Wednesday, December 23, 11 a.m. and 2 p.m.**, adults \$7, teens \$5, 12 and under no charge - Wildlife Rescue 101, presented by a CROW volunteer.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. There will be a live animal encounter following the presentation.

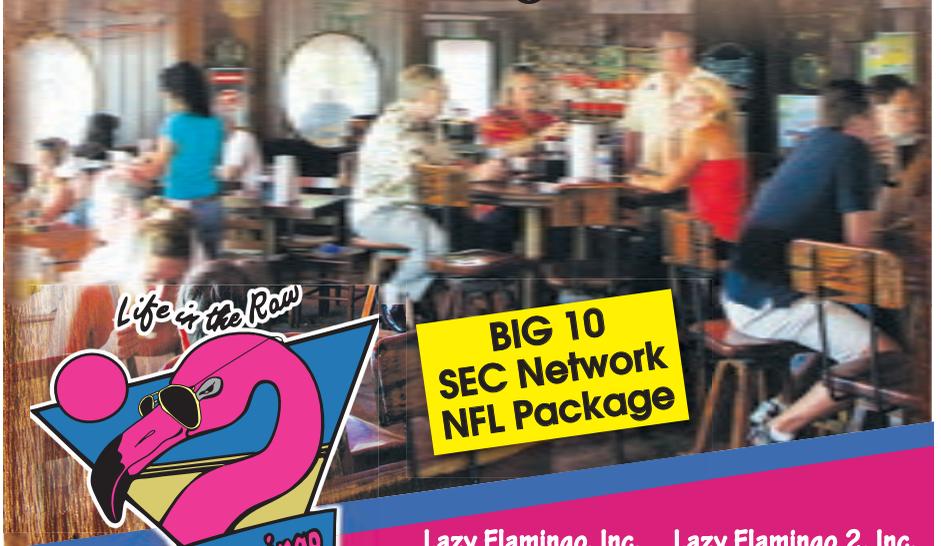
**Thursday, December 24 - CROW closes at 12 p.m.**

**Thursday, December 24, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge - Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter will explain why they are admitted and how the medical staff treats this species.

**Friday, December 25 and Saturday, December 26, closed.\***

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Atlantic Watch by Neil Glaser

## December Delight At The Sanibel Library

The Sanibel Captiva Art League recently debuted the new December exhibit at the Sanibel Public Library. The show – hung by Rita McLain, Jim Storer and Anita Marshall Force – features artists Pat Baker, Neil Glaser and Carolyn Johns. It is a sunny and cheerful show representing a range

of themes including nature on Sanibel, moods of time and place, portraits, landscapes and more. There is a variety of media represented including watercolor, pastel, acrylic and oil.

Working with oil, acrylic and pastel, Baker is fascinated by the challenge of creating pieces which communicate light, color and sense of place. She enjoys the reactions of visitors to the original art on the walls, and how sometimes visitors see a piece of art which can be important in their lives.

Glaser, an architect by profession, works



Carolyn Johns, Neil Glaser and Pat Baker



Jelly Making by Pat Baker

exclusively with transparent watercolor. He likes to take advantage of the subtleties of the medium whether the soft neutral shades of a winter landscape in Ohio or the dazzling colors of a Florida sunset.



Florida Butterflies by Carolyn Johns

An art teacher by profession with a continued on page 36

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## BIG ARTS Upcoming Workshops & Seminars

**B**IG ARTS offers more than 270 Workshops & Seminars this season – a myriad of opportunities to explore your creative skills and expand your mind. Workshops and seminars make a great holiday gift to give, too.

For complete course descriptions and the full season's workshops and seminars schedule, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops) or email [info@bigarts.org](mailto:info@bigarts.org).

The following classes begin the week of January 4 through 8:

**Dance:** Adult Tap; Beginners Tap; Intermediate Tap

**Drama Discussion Group:** View, Read and Discuss the Theater

**Drawing:** Constructing the Human Figure in Simple Forms; Instructed Life Drawing; Life Drawing, non-instructed open studio

**Fine Crafts:** Glass Fusing

**Music:** Community Chorus Rehearsals, Semester II

**Painting:** Magic of Still Life; Portrait Painting; Pouring Textures with Watercolors; A Gentle Introduction to Watercolor Painting; Printing with Gelli Products; Palette Knife Painting; Experimental Master Class; Acrylics for Beginner and Intermediate Painters; Painting Oil and/or Acrylics; Decorative Painting/Creative Arts; Watercolor: Realistic and Abstract

**Photography:** Photography, Beginners

**Pottery:** Wheel Throwing/Hand building; Clay, Sculpting, Ceramics & Pottery on the Wheel; Pottery Open Studio, non-instructed

**Talking Points:** Outlook for the U.S. Economy in 2016 and Its Impact on the Middle Class

**Technology:** Adobe Elements, beginner

**Writing:** Creative Writing: Fiction/Memoir; Let's Write Poetry

Call 395-0900 or stop by the **BIG ARTS Center at 900 Dunlop Road on Sanibel** to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops), or email [info@bigarts.org](mailto:info@bigarts.org) to request our *Workshops & Seminars Guide*.✱

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Monday Night Movie

# About Elly

by Di Saggau



The BIG ARTS Monday Night Movie for December 21 is *About Elly*, an Iranian film from the gifted Iranian writer-director Asghar Farhadi. Rights issues have kept *About Elly*

from U.S. release until now. This terrific ensemble piece puts viewers in an emotional vise and keeps them there. It portrays a sector of Iranian society we don't often see -- the educated middle class, where women wear fashionable jeans along with their hijabs and rent vacation villas on the Caspian Sea. The players are young professionals who have been friends since college.

The film opens with eight adults and three children headed for a holiday weekend at the beach. Six adults are couples, another is Ahmad, a newly divorced man, and the other is Elly, a demure kindergarten teacher. The group's ringleader is a woman with an eye toward fixing Elly up with Ahmad. She goes so far as to tell the landlady that they are newlyweds, a fib that allows the entire group to stay in the villa. As we watch everyone unpack, clean the house and engage in an evening game of charades, we sort out who



everyone is, just in time for the intensity the next day will bring.

Farhadi has a strong cast dealing with a volatile situation and the big problems caused by little bends in truth. He takes his time getting to what occurs from what seems an innocent act of matchmaking. The holiday weekend takes a traumatic turn when one of the kids nearly drowns and Elly is nowhere to be found. Wracked with guilt, the remaining characters turn over the previous day's events in their heads hoping that Elly just up and left. The only witnesses to what really hap-

pened are too young to enlighten the others.

Troubled and worried by her absence, in the dark about where she went and why she is gone and fearing the worst, the vacationers second guess themselves and one another about what has happened and who is at fault. Farhadi is at ease with the wide variety of situations his writing explores. The emotional intensity in *About Elly* allows the viewer to revel in his skill. The film runs 119 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10, and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel.

BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.\*

## Top Ten Books On The Island

1. *In the Heart of the Sea* by Nathaniel Philbrick
  2. *Sanibel Flats* by Randy Wayne White
  3. *The Four Wives of the Sanibel Sunset Detective* by Ron Base
  4. *All the Light We Cannot See* by Anthony Doerr
  5. *The Sanibel Sunset Detective* by Ron Base
  6. *The Hypnotist's Love Story* by Liane Moriarty
  7. *The Martian* by Andy Weir
  8. *The Danish Girl* by David Ebershoff
  9. *Citizens of London* by Lynne Olson
  10. *A Man Called Ove* by Fredrick Backman
- Courtesy of Sanibel Island Bookshop\*

From page 34

## December Delight

MA degree in art, Johns works primarily in acrylics. She has great affection for the Sanibel environment, and finds much artistic inspiration in birds, wildlife, vegetation and the changing scenery of the island.

The monthly meetings of the Sanibel Captiva Art League are open to all who are interested. As well, residents and visitors are invited to join in the weekly paint-out sessions every Thursday morning at different island locations. More information about their meetings, paint-outs and membership may be found online at [www.sancapart.com](http://www.sancapart.com).\*



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Film Society

## BIG ARTS Film Society Celebration

by Di Saggau

Supporters of the BIG ARTS Film Society enjoyed the annual celebration in Philips Gallery on December 7. It was an opportunity for movie lovers to learn more about what is offered throughout the year and to meet those in charge. Chairman Visnja Gembicki explained how she selects films for the Monday Night Movie Series. It is no easy task considering that there are close to 30 movies shown each season. In addition to that, the society offers a Not For Monday Night Series led by Hyde Tucker, a Critically Acclaimed Documentary Series in March led by yours truly and a Great Themes Discussion led by Steve Oberbeck. Each person explained to the audience what takes place during their respective series.

Movie Maven t-shirts were again handed out to three members who serve as moderators. The recipients were Gail



Stefi Irwin, Mary Arcenaux, Nancy Carlile

Bachman, Mary Arcenaux and Nancy Carlile. Stefi Irwin accepted for Bachman as she was unable to attend. Thanks went to JR Pascal who sponsored the festive evening. He also initiated the Monday Night Movies 19 years ago. It has grown to be one of BIG ARTS most successful programs. To learn more about the BIG ARTS Film Society, log onto the website

www.bigarts.org and click on film. If you have not yet enjoyed a Monday Night movie, we cordially invite you to attend a showing. Every Monday night through season a movie is shown at 7 p.m. in Schein Hall. Refreshments and a discussion follow each movie. Tickets are available at BIG ARTS box office.\*

## Sundial To Host Foodie Event

Cooking shows and food-focused programming have gained huge popularity in recent years. Producer Craig Chapman saw this phenomenon happening and created *Real Food Real Kitchens*, a TV series, magazine and website celebrating family, food, culture and history, found on Hulu. The website is part of the Taste Network (owned and operated by *Taste of Home/Reader's Digest*), a community of premium food, entertainment and lifestyle blogs and websites that reach more than 50 million visitors each month.

*Real Food Real Kitchens* offers viewers a peek into the kitchens of everyday people and features a different person in each episode showing the audience how to prepare a traditional family dish that is close to their heart while telling its story and background.

After last year's sold-out event, Chapman is once again inviting area "foodies" to attend an exclusive screening and tasting event on Sunday, January 10 at Sundial Beach Resort & Spa on Sanibel from 3 to 5:30 p.m. At the event, he will screen two episodes of *Real Food Real Kitchens*. At the reception that follows, guests can taste the items featured in the episodes prepared by Sundial's Chef Criss Menassa, learn how to try out for the show, and ask

continued on page 38

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## A Night Of Beauty For Domestic Violence Survivors



A Salon Professionals Academy student works on a client from ACT

submitted by Dalia Jakubauskas

Smiles and laughter were in abundant supply on a recent night at The Salon Professional Academy in Fort Myers, where survivors of domestic abuse were treated to A Night of Beauty by the academy's students and staff in partnership with the Zonta Club of Sanibel-Captiva.

Seventeen clients from the Fort Myers and Cape Coral shelters run by Abuse Counseling and Treatment, Inc. (ACT) received free haircuts, styling, blowouts, manicures and pedicures at the event held on December 8.

Zonta is an organization of professionals dedicated to empowering women through service and advocacy locally and globally through Zonta International. Other area businesses also contributed to the event, including the Island Pizza Company on Sanibel, which donated pizza to feed the crowd of nearly 30 people, and The Southwest Florida Transportation Group, Inc, which provided transportation for the women from the shelters.

"This is so great," said one of ACT's clients, who cannot be named because of confidentiality agreements. "Everyone here is wonderful," she added showing off her freshly styled, gorgeous curls. "I really needed this."

Some of the women have never had a professional haircut or received salon services until now, noted ACT's staff in attendance. Many come into the shelters traumatized and depressed. The event was an opportunity to teach shelter residents life skills such as self-care and self-esteem, said Shanna Stewart, a counselor for ACT.

"Our annual night of beauty put smiles on faces that forgot their true beauty and reminded those who are broken-hearted that they can still love themselves," she said.

Last year, ACT provided shelter and resident services, such as group and individual counseling, jobs skills training and specialized children's services, to 783 domestic violence victims. Another 4,835 victims were served by ACT's non-residential services, including counseling programs, rape crisis services and community education in Lee, Hendry and Charlotte counties.

The Fort Myers shelter has 68 beds while its Cape Coral shelter has 22. It also operates a shelter in LaBelle, which has 15 beds.

The event was one of a series of service projects organized by Zonta for ACT, one of a number of local service partners, which receives funding in the form of grants from the Zonta Foundation of Southwest Florida, the club's sister organization. The projects include seminars on job interview skills such as dressing for success, body language and verbal skills, as part of ACT's life skills workshops for shelter residents. Zontians have also started work on a garden at ACT's Fort Myers shelter where clients will learn to use horticulture as therapy.

"This event is a great example of Zonta being the facilitator, bringing together individuals for a win-win-win event," said Virginia Jones, president of The Zonta Club of Sanibel-Captiva. "The stylists get practice and get an education about recognizing human trafficking and domestic violence. The ACT clients get to be the center of positive attention. Zontians get to use our skills at making things happen and get to be supportive."

For more information about ACT, visit [www.actabuse.com](http://www.actabuse.com), and The Zonta Club of Sanibel/Captiva at [www.zontasancap.com](http://www.zontasancap.com).\*

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

still all dark,  
now you rove, probe and promise to reveal...  
something.

In 40,000 years, you may be near another galaxy.  
To think we might not be alone is comforting – and disconcerting.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in *Artpoems* and *Writer's Reads on the island*, and had two books published.\*

selected by Tanya Hochschild

### Bon Voyage Voyager

by Tanya Hochschild

Back in 1972, mission designers installed a recording of earthly sounds a heartbeat  
a mother's kiss,  
wind, rain, surf  
footsteps, laughter,  
the music of Bach and Mozart  
and for good measure  
Chuck Berry's *Johnny B. Goode*.  
They all said something hopeful about life on this planet.

You blasted off in '77  
a fabulous trip of a lifetime,  
you flew by Jupiter, passed Saturn on your way toward  
an unknown region  
lying between the stars.  
You were the first one who truly left home  
and we heard nothing from you!  
Transmissions began!  
took seventeen hours to reach us here on earth.  
You crossed the boundary into interstellar space.  
Data showed us particles from outside our solar system, although the scenery was

From page 37

## Foodie Event

Chapman questions about the making of the series. A portion of the ticket sales will be donated to the Harry Chapin Food Bank of Southwest Florida's Fighting Hunger, Feeding Hope program. Tickets may be purchased by calling 1-800-838-3006 or online at [sundial.brownpaper-tickets.com](http://sundial.brownpaper-tickets.com).

Included in the \$35 admission fee is the screening, samples of triggerfish chowder, strawberry shortcake, roasted chicken and vegetables plus fried green tomatoes. Pinocchio's Original Italian Ice Cream of Sanibel will also provide samplings. Additional tastings will be provided by Point Ybel Brewing Company, Wicked Dolphin Artisan Rum and Lakeridge Winery. Signed copies of Chapman's new cookbook, *Real Food Real Kitchens: New York Cookbook*, will be available for \$22. The cookbook takes readers behind the scenes and into the kitchens of cultures spanning the globe and features recipes and the stories behind them.

For additional information about Sundial Beach Resort & Spa, call 472-4151 or visit [sundialresort.com](http://sundialresort.com).\*

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## Women Voters Host Screening Of Documentary

Mixing business with pleasure, members and friends of the League of Women Voters of Sanibel gathered recently for a showing of the documentary, *Pay To Play: Democracy's High Stakes*, before enjoying their annual holiday party. The influence of money on the electoral process has been the focus of League attention this year at all three levels of government, national, state and local. The hour-long documentary is the work of John Wellington Ennis, a California filmmaker and son of Richard and Sally Ennis of Sanibel.

Ennis has written for *The Huffington Post*, *The Onion* and *Melrose & Fairfax*. He is co-founder of Video The Vote, a citizen journalism project covering election problems, and is on the board of Public Interest Pictures. He attended film schools at New York University and the University of Southern California and has taught documentary filmmaking at UCLA Extension. Rothco Press has recently released his book about street art in Los Angeles, *Where Else But The Streets: A Street Art Dossier*.

Following the documentary, League members celebrated the season at festivities hosted by Richard and Martha Siders at Gulfside Place.



John Wellington Ennis

The LWV Sanibel has a full season of lectures, including Professor Laura Weir speaking about voters' rights in Florida on January 21, Alike Mociief of the Florida Conservation Voters speaking about a bipartisan approach to defending the environment on February 18, and Lee County Clerk of Circuit Court speaking about equity in our justice system on March 17. All are luncheon programs held at the Sundial Beach Resort & Spa.

Send an email to [lwvsanibel@gmail.com](mailto:lwvsanibel@gmail.com) or visit the League's website at [lwvsanibel.org](http://lwvsanibel.org) for more information.✱



Richard Ennis, Robin Krivanek, president of LWV Sanibel, and Sally Ennis

## Booksigning With Author Ruby

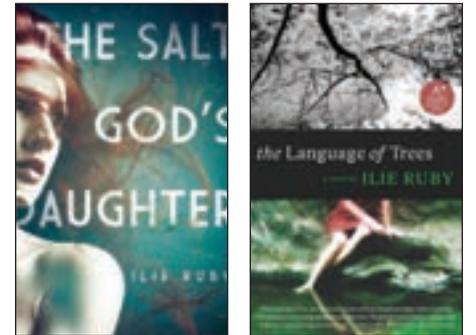
On Saturday, December 19, from 11 a.m. to 1 p.m., author Ilie Ruby will be signing copies of her books at Sanibel Island Bookshop, 1571 Periwinkle Way.

Ruby is the author of *The Salt God's Daughter* (September 2012) and the critically-acclaimed novel, *The Language of Trees*, which debuted in 2010 and was a Target Emerging Author's Pick and a *First Magazine for Women* Reader's Choice, and for which complex Chinese rights were sold.

Raised in Rochester, New York, Ruby attended the University of Southern California's Professional Writing Program, where she was fiction editor of *The*



Ilie Ruby



*Southern California Anthology*. She holds a master's degree in education from Simmons College and specialized in documentary filmmaking at Emerson College.

Ruby is a painter, poetry enthusiast, and mother to three children and one very sociable Great Dane.

Those who cannot attend the signing may pre-order a signed copy by calling the bookstore at 472-5223 or writing to [sanibelbookshop@aol.com](mailto:sanibelbookshop@aol.com).✱

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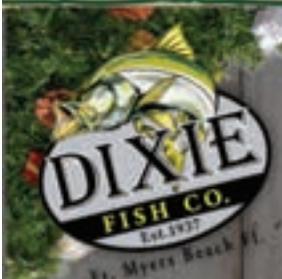


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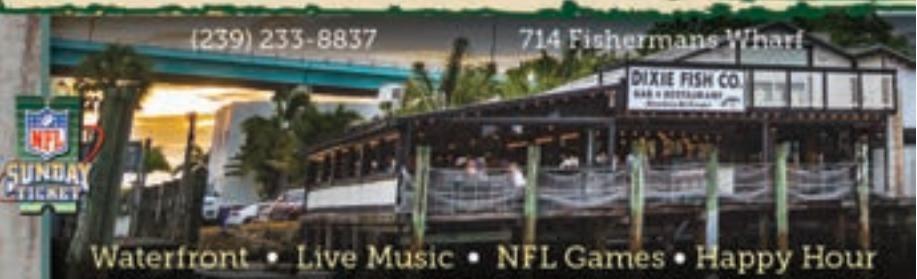
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## City Of Palms Basketball Classic Ready To Tip Off

It's almost "tip-off" time for the 43rd annual Culligan City of Palms Classic, to be held at Bishop Verot Catholic High School in Fort Myers Friday through Wednesday, December 18 to 23.

With just a few days until some of the best boys' high school basketball players and teams descend upon Southwest Florida, tickets are going fast. This is the last year the tournament will be held at Bishop Verot before moving to the new Suncoast Credit Union Arena on the campus of Florida SouthWestern State College.

Along with local favorites Lehigh Senior High School and Charlotte High School, the tournament will feature *USA Today's*

continued on page 12B



## Deadline Nears For 'Ding' Darling-Cross Photo Contest

The deadline for the 3rd annual "Ding" Darling-Theodore Cross High School Photography Contest is Friday, January 1. High school students from a five-county area have the opportunity to win prizes such as a Canon camera package, chartered class field trips to the JN "Ding" Darling National Wildlife Refuge on Sanibel, Refuge Nature Store gift certificates and excursions at Tarpon Bay Explorers, the refuge's recreation concession.

Winners also receive copies of *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest namesake, the late Theodore Cross.

Cross, who lived part-time on Sanibel and has family still living here, marched with Dr. Martin Luther King, Jr.; advised the Johnson and Nixon administrations on anti-poverty programs; wrote the influential book *Black Capitalism*, among others; played a prominent role in President Obama's election; and created Birders United -- a birding website that ranked legislators according to their record of bird protection support.

Late in life, Cross decided to indulge his love for birds and photography. He traveled the world to collect stunning portraits and stories to chronicle his adventures. He shot often at "Ding" Darling, and a number of the images in his book reflect his love for the refuge. Cross published *Waterbirds* in 2009 at age 85; he passed away shortly thereafter in February 2010.

NPR's *All Things Considered* called Cross' collection of 179 images and countless anecdotes "spectacular." *The New York Times* described it as "part visual encyclopedia, part memoir."

"The Theodore Cross Family Charitable Foundation has made possible this contest with a generous grant to the 'Ding' Darling Wildlife Society-Friends of the Refuge (DDWS)," said Birgie Miller, DDWS executive director. "We couldn't be more thrilled that they wanted their donation used in this way."

"We are so happy to be supporting a contest in my father's name, a contest that

continued on page 20B



The late Theodore Cross



Maggi Feiner and Maggie Goldsmith, both of FISH

## Community Pride In Giving

submitted by Judie Zimomra

The generosity of the citizens of Sanibel who donate their time, talents and treasures to many causes and charities is a point of community pride. It is a personal decision for each of us to determine where and when we choose to contribute.

This is the time of year when our Sanibel-Captiva United Way Campaign is underway. Sixteen United Way houses are operated throughout the four counties served by the United Way of Lee, Hendry, Glades and Okeechobee. The purpose of United Way Houses is to improve efficiency and consolidate agency and governmental services under one roof close to those in need. One of these designated 16 United Way houses is our own FISH of Sanibel-Captiva.

Among the more than 44 different programs offered at FISH, our local United Way house offers tax preparation services for low and moderate income persons, helping working families keep more of what they have earned and providing a social worker for case management and counseling. United Way provides donors the option to direct their giving to the charity or charities of their choice, including FISH.

Do not hesitate to contact any member of the steering committee if you have any questions about our local Sanibel-Captiva United Way Campaign: Chauncey Goss, Tony Lapi, Tom Uhler, Paul Roth, Penny Wilkinson, Robbie Roepstorff, Jim Pigott, Linda Uhler, Lucy Roth, Geoffrey Roepstorff and Gaye Pigott.

More information on all the programs funded by the local United Way is available on the website [unitedwaylee.org](http://unitedwaylee.org) or by calling 433-2000.\*

## CHR's Collini Puts Spotlight On Community

**K**elly Collini, executive director of Community Housing and Resources (CHR), believes that the holiday season brings with it some of the best opportunities to get to know people in your local community.

"With all of the events happening at this time of year," Collini says, "it's the perfect time to get to know people. Most of us find it really hard to slow down, even during the holidays when there are often so many things to do. But I think that it's precisely this time of year when we should be the most aware of the people around us, including those who live right next door."

Collini adds that many islanders do not realize how many of their neighbors are actually residents in her organization's affordable housing program. "With 88 properties across the island, chances are good that you already know someone who lives in a CHR home," she notes.

CHR is a non-profit 501(c)(3) that provides affordable housing on Sanibel for people who work full-time on the island and who couldn't otherwise afford to live here. Collini is passionate about CHR's mission. "It's important to support the people who serve our community every day – police dispatchers, teachers, bank tellers. One of our residents told me she has two extra hours a day to spend with her toddlers



CHR executive director Kelly Collini, left, visits with some of CHR's senior residents.

because she doesn't have to commute off island. And she's so grateful to raise her children in such a safe and beautiful environment."

Housing the local workforce also strengthens the economy and provides social and economic diversity, adds Collini.

Before coming to CHR, Collini worked as the executive director of the Albany County Safe Project in Laramie, Wyoming, where she successfully spearheaded a campaign to raise one million dollars for a new office and women's shelter. A resident of Wyoming for over 30 years, Collini, 56, is delighted to have landed in Sanibel. "Coming from Wyoming, I cherish wide open spaces. Sanibel is perfect because there is so much protected land. I love being able to get on my kayak and disappear into

Clam Bayou." Collini and her husband, Jim, a freelance chemical engineer, have one daughter and three grandchildren.

Over the last three years, Collini and her team have worked to balance the CHR budget. "Once we were in the black, we started working on deferred maintenance projects, like landscaping, power-washing, and replacing worn carpeting with tile." Under her leadership, CHR has also amassed a reservoir of funds for capital improvements, including new roofs and siding. "One of the things I think is great is that CHR's 74 below-market-rate-housing rental units are spread throughout the community. And because of recent improvements, they blend in seamlessly. We are very proud of the way our properties look."

While almost two-thirds of the

operating budget comes from rent collection, CHR also relies on grants and local fundraising efforts, like their upcoming 4th annual Mardi Gras celebration. The Bourbon Street-styled benefit will be held on February 6 from 5:30 to 9:30 p.m. at The Dunes Golf and Tennis Club on Sanibel.

"There will be great food, an open bar, live music, plus plenty of zany entertainment," Collini says. For tickets and event information, visit [Sanibel-CHR.org/Mardi-Gras-2016](http://Sanibel-CHR.org/Mardi-Gras-2016).

"Mardi Gras is a great way to contribute to affordable housing efforts while having fun with your friends and neighbors," says Collini. "After all, a strong sense of community is what makes Sanibel so special."

Community Housing and Resources, Inc. (CHR) is a 501(c)(3) nonprofit organization that is dedicated to providing affordable housing for families and individuals who work full-time on Sanibel and for long-time retired or disabled residents of Sanibel. For more information about CHR, visit online at [Sanibel-CHR.org](http://Sanibel-CHR.org), or call 472-1189.✪

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

### HeartWalk Series:

## Ralph Korn: A Heart Attack, Not A Migraine

submitted by Sandy Teger

**R**alph Korn and his wife Linda own a condominium and a house on Sanibel. He is a retired architect from the Chicago area.

Last November, he was having a busy day. He had been doing some heavy cleaning on their condo when he realized he was feeling weak. Back at home he laid down to recuperate, but was feeling worse, not better. The next day he continued to feel ill. His symptoms included a fever and vomiting.

Since Korn had a history of migraines, he asked Linda to call the doctor and refill his migraine pills. The following morning he talked about the weird things he had seen during the night. There were geckos on the walls and things were covered with dots. He had experienced a heart attack and didn't realize it. When the blood clots from that episode moved around his body, he had a stroke. That was the source of the geckos and dots he was seeing.

Korn spent a week in the hospital before Thanksgiving. The doctors put him on some medication and things seemed to clear up. About three weeks later he had another stroke, leaving his left hand unusable. He spent another week in the hospital. Fortunately, the use of his hand came back, but the cardiologist said he needed a new



Ralph Korn and his wife Linda

valve and triple bypass surgery.

He was on a monitor for a few weeks to check his condition and had his bypass/valve surgery scheduled for the end of January. They removed an artery from his leg and used it for the bypasses. He was sent home after eight days and had a nurse and therapist come to the house.

Everyone recommended that his next step should be to go to the Health Park Cardiology Physical Therapy Department. Korn is glad he took that advice. He feels the assistance of the nurses and therapists has helped to build his endurance and address some lingering speech problems. He is still in the therapy program and plans to continue.

The last year has been an adventure in navigating new challenges. He had always been healthy and strong. This was his first time in a hospital and he was accustomed to doing everything, without limitations. Since he is on Coumadin, he has to watch his diet and have his levels checked periodically. The salads that were always part of his healthy meals included lots of leafy greens, which contain large amounts of vitamin K. Since vitamin K is a blood thinner and Coumadin is also one, those salads must be limited.

As he and Linda look back at the whole train of events, they recognize that a heart attack can come without the Hollywood chest grabbing that we tend to think of. Ralph's nausea and weakness are also potential symptoms of a heart attack.

The Korns are adjusting to the lifestyle changes that they have had to make. These changes include limiting salt intake, recognizing that sometimes a rest after lunch may be needed, and that monitored exercise and routine blood tests are simply a part of their new life.

Their new life story has many good parts, including time with family. It also includes time to continue volunteering at St. Michael and All Angels Episcopal Church on Sanibel. In June, Korn was inducted into the Sanibel-Captiva Rotary Club.

He and his wife are grateful for the excellent care he received. His bypass undoubtedly followed the American Heart Association's Guidelines for Coronary Artery Bypass Graft Surgery, which were produced using funding from the AHA. They are graciously sharing their story so their island neighbors can benefit from the annual Heart Walk.

This year's Sanibel Captiva Heart Walk takes place on Sunday, January 31 starting at 1 p.m. at the corner of Tarpon Bay and Island Inn roads.

The Sanibel Captiva Trust Company and Il Cielo Restaurant are both Platinum sponsors for the event.

To learn more or become a sponsor contact Kelly Goodwien at [kelly.goodwien@heart.org](mailto:kelly.goodwien@heart.org), phone 495-4901 or visit [www.SanibelCaptivaHeartWalk.org](http://www.SanibelCaptivaHeartWalk.org).✪

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**NEW LISTING**



Sanibel Bicycle Club members Tom Sharbaugh, center, and Jay Jagodzinski scrub the roof of the Sanibel Shared Use Path Welcome Center last Thursday morning



Helen Flemington removes a pile of tree trimmings photos by Jeff Lysiak



Jay Jagodzinski and Patti Sousa

## Bike Club Pitches In To Clean And Weed Welcome Center

by Jeff Lysiak

Nine members of the Sanibel Bicycle Club gathered last Thursday morning to remove weeds, trim trees and bushes and clean the roof of the Sanibel Shared Use Path Welcome Center, part of the club's volunteer effort to keep the island amenity in top condition.

Located along Periwinkle Way between She Sells Sea Shells and Huxter's Market, the Shared Use Path Welcome Center was opened in March 2012. It features a three-sided covered gazebo with seating, maps and island information, a drinking fountain, benches and a dedication plaque set in stone.

"This turned out really great now that all of the plants have grown in," said club member Tom Sharbaugh, who noted that Jenny Evans of the Sanibel-Captiva Conservation Foundation's Native Plant Nursery helped plan and install the vegetation in and around the area.

According to Sharbaugh, club members conduct voluntary monthly weeding and trimming sessions at the roadside facility.

"We do the weeding and trimming of the trees and plants here every month, and we have the information billboards cleaned every month, too," he added. "During the summer, SCCF helps us by doing that work when our members are away, and I like cleaning the roof at least once a year to keep it in top condition."

The Shared Use Path Welcome Center was envisioned to serve as an orientation for path users, to show them how to use the path to get around the islands, to be a mechanism for communicating path safety information and "rules of the road" for



Norm Flemington and George Sousa



Carol Kane prunes an overgrown tree

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Tom Sharbaugh washes the roof of the Sanibel Shared Use Path Welcome Center

people not familiar with Sanibel's pathways, and a place to deliver information about the island's historical and conservation sites.

On December 10, Sharbaugh and fellow SBC member Jay Jagodzinski scrubbed and rinsed the gazebo roof both from the ground level and standing upon ladders.

"Wow!" Jagodzinski said after inspecting the half-cleaned roof up close. "You can really see how much mold was on here."

Patti Sousa, the club's vice president, pitched in by helping clear overgrown vegetation at the site. She gave credit to fellow SBC volunteers Helen and Norm Flemington, Carol Kane and George Sousa – along with other community partners – for helping maintain the Welcome Center throughout the year.

"Dave Muench and his landscaping crew from Periwinkle Park comes here and cleans out the garbage cans every week, and some of the residents of the park walk over and clear litter and weeds all the time, in addition to our monthly cleanups," said Sousa. "We couldn't do it without them."

The Hammerheads, who helped build the facility nearly four years ago, also perform routine construction work at the structure. The all-volunteer group recently added a small retention wall surrounding the drinking fountain area to prevent

flooding at the site.

"Our club doesn't have any money, so donations pay for the mulch and maintenance of the (Welcome Center) park," added Sousa. "It's a total team effort."

Upcoming events for the Sanibel Bicycle Club include:

- Friday, January 1 at 9 a.m. at Sanibel Community Park – The SBC's annual Spanning The Years group ride over the Sanibel Causeway bridges, followed by a post-ride breakfast at the Lighthouse Point Condominium clubhouse.

- Monday, January 11 at 6:15 p.m. at The Community House – SBC monthly potluck dinner with Sanibel City Manager Judie Zimomra as their featured speaker.

- Monday, February 8 at 6:15 p.m. at The Community House – SBC monthly potluck dinner featuring club members singing, dancing and performing safety skits.

The SBC monthly potlucks are held on the second Monday of the month at The Community House, 2173 Periwinkle Way on Sanibel. Members attending are asked to bring a dish to share (appetizer, salad, side dish, entrée or dessert), with enough to feed about 10 people. All beverages, including water and ice, are BYO (Bring Your Own). For questions or additional information, send an email to [bikeclubsanibel@gmail.com](mailto:bikeclubsanibel@gmail.com).✪

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Sanibel Captiva Community Bank has two locations in Fort Myers, one in the Myerlee community and the second on McGregor Boulevard near Kelly Road. It is the only bank chartered on Sanibel Island, where it has two locations. To learn more, visit [www.sancapbank.com](http://www.sancapbank.com).✪

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## Community Bank Operations Center Relocates

Sanibel Captiva Community Bank has relocated its operations center to 7500 College Parkway, one-third of a mile west of U.S. 41 in Fort Myers. More than two dozen employees are based in the office, providing accounting, compliance, loan and deposit operations and other support services for the bank's four branches. The center also offers customers a new ATM option.



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# Seventh Graders Attend Student Government Day

by Jeff Lysiak

During their annual visit to MacKenzie Hall, seventh graders from The Sanibel School met members of the city council and various department leaders who shared their knowledge of local government, laws and city infrastructure during Student Government Day.

Students from teachers Dana Saner, Brittany Camp and Sherry Kelley's classes – along with assistant principal Jamie Reid – arrived at city hall, where they were welcomed by City Clerk Pamela Smith and administrative recording secretary Tina Stanley. After signing-in and taking their seats, City Councilman Marty Harrity talked about his role as well as the role of other local leaders.

"One of the most important things that a city council does is to express their views and opinions in a civil way," said Harrity. "All of the council members here work on a voluntary basis... we're one of the few municipalities in Florida that don't get paid. We do it because we like what



Members of Sanibel's City Council ask Student Government Day participants to volunteer to serve on the mock council last Friday morning at MacKenzie Hall

photos by Jeff Lysiak

we're doing, we care about what we're doing and we love this island."

Vice Mayor Mick Denham told the students how citizens can get involved in local government issues, how to contact the council and the process involved in running for public office.

"First, you have to register with Lee County, then you have to collect enough



Mayor Kevin Ruane listens to a question



Gunnar Liljequist petitions to allow bonfires on beaches



Councilman Marty Harrity welcomed the class to City Hall

signatures to get your name placed on the ballot... but that's the easy part," said Denham, who noted that citizens running for city council on Sanibel are required to be 18 years of age, a United States citizen, a resident of the island and – most importantly – "be willing to serve as a volunteer for this community."

The entire seventh grade class began their field trip visiting with members of the city council, then split up into four groups. Each group would visit various city departments – including finance, building, natural resources, MIS, recreation, public works, planning and the police – before having a luncheon pro-



Mock City Manager Trevor Zamniak and Mock City Attorney Greyson Green

vided by Bailey's General Store.

Councilman Chauncey Goss explained the process of establishing laws on the island while Councilman Jim Jennings went over the council's dedication to the Sanibel Plan as well as Home Rule.

Mayor Kevin Ruane began his presentation by explaining the role of the city council, then detailed the three main goals of that governmental body on Sanibel: water quality, financial stability and commercial redevelopment. He also talked about working with local, state and federal representatives on behalf of the island along with educating the public about

continued on page 25B

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**Mariner Pointe #811—\$499K**  
Ground-level 2 bedrm with updated kitchen, views of both bay & canal from glassed lanai.



**Sundial #B206—\$579K**  
2nd floor 2 bedrm remodeled to include washer/dryer, excellent income, this gulf view!



**Mariner Pointe #332—\$480K**  
Remodeled 2nd floor 2 bedrm, views of canal/marina, plus peek of bay from enlarged living rm.



**918 Lindgren Blvd—\$1.495M**  
Near-beach like-new 3 bedrm 3-1/2 bath on sea-walled canal. Screened pool, dock & lift.



**5743 Baltusrol Ct—\$1.35M**  
Customized & stunning! Expanded villa pool home in The Sanctuary overlooking 9th fairway to lake.



**597 Lake Murex Cir—\$749K**  
It's all about the view! Split plan 3 bedrm 2-1/2 bath with fireplace, high ceilings, large pool, & more.



**837 Limpet Dr—\$749K**  
Build here—over 1/2 acre on high ground in Shell Harbor with this view of intersecting canals.

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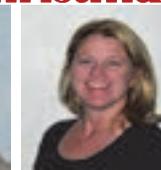
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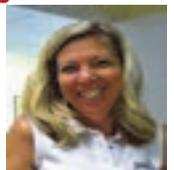
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## Jeweler Shows Holiday Spirit

Three BIG ARTS ticket-holders will have an extra-special holiday this year. Congress Jewelers, sponsor of BIG ARTS' holiday production, *Happy Holidays! A Musical Celebration* at Strauss Theater on Sanibel, is donating three gift certificates, valued at \$250 each, as a surprise for those attending the holiday production.

On three nights during the run of the show (December 18 to 31), gift certificates will be randomly chosen. The certificates can be redeemed at Congress Jewelers located in Periwinkle Place Shops.

"We love the idea of a musical geared to everyone in the family and wanted to add a little extra joy to a patron who supports this production," said Melissa Congress.

For more information regarding the performance, call BIG Arts at 395-0900.\*

## Helping Neighbors: Bailey's General Store Lifeline Campaign A Success



Anna Benza, Mead Johnson, Debbie Ousley, Maggi Feiner, Richard Johnson and Dane Johnson as "Big Bag"

Beginning in late September, Bailey's General Store customers had the option to add money – in \$10 increments – to their grocery bill at checkout, which then was credited to the FISH of Sanibel-Captiva account.

"The generosity of the community was overwhelming. We had great success with our customers. They are so open hearted, they want to give, and they want to help people in the community," said Bailey's owners Mead and Richard Johnson.

continued on page 14B

## A Beautiful Plant Makes a Memorable Gift



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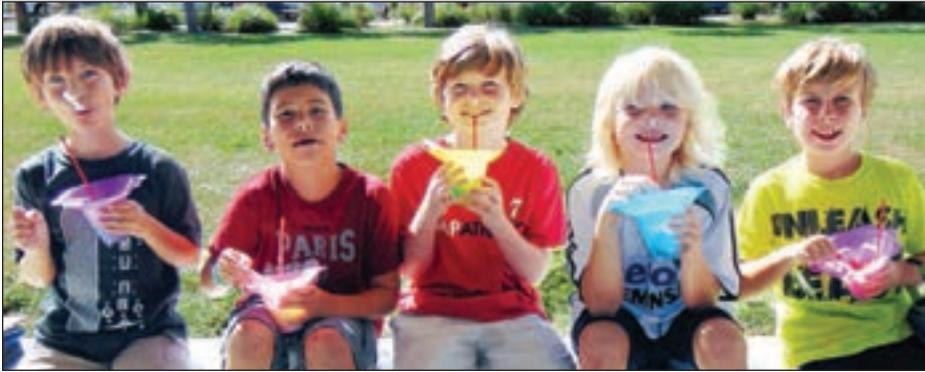
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# Students Rewarded For Quarterly Reading Scores At Sanibel School



The Sanibel School's second graders, from left, Griffin Colson, Nicholas Tyson, Kyler Kouril, Drake Stroud and Max Doster enjoy their snow cones last Wednesday afternoon, a reward for achieving high scores in their quarterly reading retention test



Back row from left, Ava Selby, Makayla Sellyei and Jordan McKee; front row from left, Emily Peach, Sofi Lee Varmuza, Molly Dunn and Lily Brennan



Reading coach Wendy Wassman, left, chats with her second grade students lined up to get their free snow cones photos by Jeff Lysiak



Fourth grade readers jumped for joy after receiving their informational retention test reward

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Furnished 4 BR/3 BA Old Florida Style, Community pool & tennis. East end near beach, marina.  
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**Sandalfoot 4C3**



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Investment Opportunity! Lakefront, vacant residential lot that can accommodate multi family housing. Close to shopping, beach...  
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Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres. Parcel B is approx. 2.0 acres. Survey available.  
**(A) \$1,150,000 (B) \$400,000**

**3099 Cussell Dr. (Pine Island)**



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**Please join me at the Heart Walk on Jan 31, 2016! Life is why...**

# Sanibel Historical Museum: I'll Be Home For Christmas Highlights



The entrance to the Sanibel Historical Village for its Luminary Day event, I'll Be Home For Christmas, celebrating Christmas 1945



Mike DiCorpo



Bill Bachman



Jane Holder, Abbey Allison, Bill Bachman



Kate Lear



Bonnie Frankel in the Caretakers' Cottage



Anita Smith, Sheila Barboza and Jane Holder



Bailey's General Store



Kitty Moore, Sally Duffy, Carol DiCorpo in Bailey's General Store



Gail and Roland Garlinghouse with Dennis Berry and Blair Wyatt



Steve Cramer directing the Sanibel Community Chorus Ensemble



Christmas tree in Bailey's General Store



Maddy Mayor in the Post Office



The Rutland House at the Sanibel Historical Village



Katie and Maggie Borst make a garland of painted newspaper strips in the old schoolhouse



Jeanine Bradford in the Rutland kitchen



Anni Wellauer with Dave Richard

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## Youth Holiday Camp At Sanibel Rec

Highlights of the youth holiday camp at Sanibel Recreation Center include on-island field trips, inflatables, crafts, games and a variety of frozen holiday treats. The schedule will consist of two four-day weeks of holiday camp, Monday, December 21 through Thursday, December 24 and Monday, December 28 through Thursday, December 31, with no camp on Christmas Day and New Year's Day.

Holiday Camp will operate from 8 a.m. to 5:30 p.m.. Enrollment is available for children in Kindergarten through eighth grade. Attendees should pack a swimsuit and towel. Each child will need to bring his or her own lunch for the day. Register in advance and receive the early bird\* rate. For more information, call the City of Sanibel Recreation Department at 472-0345.\*

Date	Program	Early Bird Rate	After Early Bird Rate
December 21 – December 24	Holiday Camp	Member: \$107 Non-Member \$139 (registration by December 14)	Member: \$127 Non-Member: \$167 (registration on or after December 15)
December 28 – December 31	Holiday Camp	Member: \$107 Non-Member \$139 (registration by December 21)	Member: \$127 Non-Member: \$167 (registration on or after December 22)

## Youth Cheer Team Sign-ups

Registration for the Sanibel Recreation Center's cheerleading team has begun. This is a non-competitive program available to enthusiastic and energetic youth between kindergarten and fifth grade.

Participants will cheer during the Youth Flag Football games at the Sanibel Ballfields on Friday evenings from January through mid-March. The cost is \$53 for rec members and \$70 for non-rec members. Practices will be held on Wednesdays at 2:30 p.m. beginning on January 6. Volunteering opportunities are available.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call the Sanibel Recreation Center at 472-0345 or visit website [www.mysanibel.com](http://www.mysanibel.com).\*

### ISLAND SUN BUSINESS NEWSMAKERS



Ernie Tressler



Virginia Dundore

### Top Producers

The top producers at South Seas, Sanibel & Captiva Properties for the month of November are: Ernie Tressler, top producer for residential real estate; and Virginia Dundore, top producer interval ownership.\*

## SANIBEL 8-BALL POOL LEAGUE 2015-16 Standings through December 14, 2015

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	126	74
Second	Sanibel Café	99	99
Third	Sandycappers	98	102
Fourth	Fresh Legion Crew	77	123

### December 14 Results

Bunt's Ball Busters	10	Sandycappers	10
Fresh Legion Crew	11	Sanibel Café	9

### Sanibel 8-Ball Pool League

## A Night Of Tears

Dave Doane won the last four games of the evening to pull Bunt's Ball Busters to a 10-10 tie with the Sandycappers. His victim was Gary Murza, who again tried to blind Doane with his diarrhea green T-shirt and sneakers. Doane's 4-0 production was the only perfect score of the evening.

Jack Dalton and John Riegert posted 3-1 victories over Ball Busters' Rich Ennis and Kip Johnson. The tie moved Sandycappers to within one game of second place Sanibel Café.

Fresh Legion Crew surprised Sanibel Café with an 11-9 victory. The league's last place team now has posted wins over the three other teams in league. Problem is that when they lose they lose big. Doc Lubinski and Nate Buffam led the Crew with 3-1 victories over Rich McCurry and Kelly Greten. Pete Mindel went 3-1 over Matt Hall for Sanibel Café.

It was a night for heartbreaking losses on the eight ball. Gator Gates put the 8-ball in wrong pocket and lost. Jack Dalton did the same thing and lost. John Riegert made the 8-ball before its time and Rich Ennis scratched on he 8-ball. Needless to say, many tears were shed.

A big match this Monday pits second place Sanibel Café against third place Sandycappers. The teams have met three times, each winning one and tying the third. Matches start at 5 p.m. at the American Legion on Sanibel. The public is welcome to drop in to see the action.\*

From page 1B

## Basketball Classic

Super 25 national champion Montverde Academy (Montverde, Florida), the National Association of Christian Athletes national champion Potter's House Christian Academy (Jacksonville, Florida), the 2014 Culligan City of Palms Classic champion Wheeler High School (Marietta, Georgia) and the Oregon 6A state champion West Linn High School (West Linn, Oregon),

The crowd will be treated to the incredible athleticism of players such as Class of 2016 Hoop Scoop #1 player Thon Maker (The Athlete Institute, On-

tario); Class of 2016 ESPN #2 player Jayson Tatum (Chaminade, St. Louis, Missouri); Class of 2016 ESPN #6 player Edryce "Bam" Adebayo (High Point Christian, High Point, North Carolina); Class of 2016 ESPN #11 player Lonzo Ball (Chino Hills, Chino Hills, California); Class of 2016 Hoop Scoop #10 player Udoka Azubuike (Potter's House Christian, Jacksonville, Florida); and Class of 2017 ESPN #3 player Michael Porter (Father Tolton, Columbia, Missouri).

For more information, including a complete lineup of the teams scheduled to play in this year's tournament or to purchase tickets, go to [www.cityofpalm-sclassic.com](http://www.cityofpalm-sclassic.com).\*

### SPORTS QUIZ

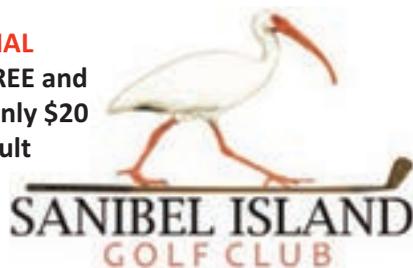
- Who was the last Yankees rookie pitcher before Masahiro Tanaka and Dellin Betances in 2014 to be named to the A.L. All-Star team?
- In 2014, the Dodgers' Clayton Kershaw became the third pitcher since 1914 to win eight consecutive games while striking out at least seven batters in each one. Name the other two.
- Roddy White set a record in 2014 for most career TD receptions in Atlanta Falcons history. Who had held the mark?
- When was the last time before the 2014-15 season that Villanova's men's basketball team started a season 13-0?
- Name the last player younger than Florida's Aaron Ekblad (19 in 2015) to win the NHL's Calder Trophy (top rookie).
- Which team holds the Major League Soccer record for most ties in a season?
- What was heavyweight boxer Evander Holyfield's record when he lost his first pro fight, and to whom did he lose?

### ANSWERS

1. Spec Shea, in 1947. 2. The Dodgers' Sandy Koufax (1966) and the Giants' Juan Marchal during the 2014 season. 7. Holyfield was 28-0 when he lost to Riddick Bowe in 1992. 5. Bobby Orr was 18 years old when he won the Calder Trophy in 1967. 6. Chicago had 18 ties (1967). 3. Terance Mathis, with 57 TD receptions (1994-2001). 4. It was the 1937-38 season. 1. Spec Shea, in 1947. 2. The Dodgers' Sandy Koufax (1966) and the Giants' Juan Marchal

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**PRICE REDUCED TO \$870,000**



**NEW LISTING!**

**POINTE SANTO C41.** Penthouse 2 bedroom 2 bath corner unit with rooftop sundeck. Outstanding direct Gulf views can be seen from this tastefully decorated condo. Property allows weekly rentals which provides excellent income. Pointe Santo de Sanibel features 600 feet of beachfront, 2 tennis courts, shuffleboard, pool and hot tub as well as a very popular children's program available 5 days a week.  
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**SOLD!**

**POINTE SANTO C-4**  
• 1 bedroom/1 bath • Gulf and Lagoon views • Excellent rental history  
**SOLD FOR \$508,000**



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# Cut-Off Jeans, Beer, Loud Music – Is That What Golf Needs To Survive?



by Ed Frank

Florida leads the nation in the number of golf courses – more than 1,100 – and the Naples-Fort Myers area is the golfing mecca of the state.

Three major professional tournaments are held here annually, two in the last month, Greg Norman's Franklin-Templeton Shootout and the CME Group Tour Championship.

Yet on the eve of Norman's 27th annual Shootout, he issued a dire warning in an article in *USA Today* that the sport needs to change, and change quickly, to stop the decade-long slide in interest and participation in the grand old game.

A 2013 study by the National Golf Foundation showed there were 15,516 golf facilities in the United States, but in that year alone there had been 157 closings nationwide with just 13 new courses. In the last decade, more than 600 have turned to pastures, and the number of golfers dropped from 30 million to an estimated 25.3 million.

More than 100 courses are expected to have closed during the current year.

The economic meltdown in golf is felt in every state from Alaska, with just six courses, to Florida with 1,100-plus. Some of the decline is attributed to the recent housing bust where courses had been built primarily to attract home buyers.

But Norman and others feel the sharp decline is deep-seated for many other reasons.

The young generation, ages 20 to 35, are not attracted to golf as their parents. It takes too long to play, the staid atmosphere is not "their thing," and they feel green fees are too high.

Maybe these feelings are better understood if you watch the Waste Management Phoenix Open each spring where 20,000 "rowdies" drink and shout around the 16th hole. Just watch and you will see their beer cans aloft as each player hits on this par-three hole.

That's the environment this young crowd loves.

Norman compares today's golf dilemma to the problems facing skiing 20 years ago. Mom and Dad skied while snowboarding was frowned upon because youngsters dressed differently and plummeted down the mountain with abandon.

The sport adapted to this change and families returned to the ski slopes.

In golf, the old timers cringe when they see golfers in cut-off jeans and T-shirts on

the course gulping beer and, perhaps, playing loud music.

Norman said he is considering building a 12-hole golf course where you could play in less than three hours. And even if they came out there with a skateboard, "let them go."

Here in Southwest Florida, snowbirds are the economic backbone of the golfing industry. It has been estimated that the economic impact of golf in Lee and Collier counties approaches \$1 billion a year, \$7.5 billion for the entire state.

But what happens in the years ahead when the next wave of snowbirds arrives and their interest in golf is far less?

We live in a fast-changing era. And golf had better change with it.

## Smith Returns As Miracle Manager

Naples resident Jeff Smith will return next season for the second consecutive year to manage the Fort Myers Miracle baseball team, the Advanced A Minor League team of the Minnesota Twins. He also managed the Miracle in 2008-09.

Smith's 76-63 record this past season was the best in the Florida State League's South Division.

Returning for his 11th season as Miracle hitting coach will be Jim Dwyer. Henry Bonilla is moving up from Low A Cedar Rapids to the Miracle as the team's new pitching coach.

## Florida Everblades Skate To Best Record

The Florida Everblades hockey team began the week with a 18-9 season record, best in the entire 28-team ECHL.

In their own South Division, Florida led second-place South Carolina by four points.

The Everblades split a pair of home games last weekend against Reading, a 3-2 overtime victory Friday and a 2-1 loss Saturday.

Florida visits South Carolina this weekend for two games.✪

## The Dunes Golf Club

### ABCD Event

The Dunes Golf & Tennis Club Women's Golf Association held an ABCD- 1BB on par 5s, 2 BB on Par 4s and 3 BB on Par 3s event on Friday, December 11. Results:

1st Annie Wainwright 120  
Sharon Hannon

Betsy Cox and Rosemarie Marone  
2nd June Muench 121  
Grethe Christensen  
Carol Brodersen and Carol Curcuro  
3rd Anne Kuhnle 122  
Janet Rentshler  
Maureen Saage✪

From page 8B

## Lifeline Success

FISH was able to use the credits to purchase bulk groceries most needed for the food pantry at wholesale prices, helping FISH get more value for their donations.

"Our partnership with Bailey's allowed us to request specific items needed in the pantry at the time of ordering. Bailey's has been a great friend and neighbor to FISH for many years. They offer abundant support in so many ways," said Maggi Feiner, FISH president and CEO. "We are very grateful to Mead and Richard for coming up with this idea, to the Bailey's store and staff for encouraging customers to donate, and to the community for their contributions to this campaign. Cashier Debbie Ousley was such a big supporter to the campaign. She, and all the employees of Bailey's, was truly dedicated to the campaign and its purpose. With the support of the entire community and everyone at Bailey's, FISH is able to make a difference in the lives of our island neighbors."

FISH relies on community support to fund all programs and accepts unopened, unexpired food items which are delivered directly to island families in need. One hundred percent of all contributions are used by FISH to support its mission. For additional information, visit [www.fishofsancap.org](http://www.fishofsancap.org).✪

# Merry Christmas



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## Top Five Year-End Gifting Rules



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**T**is the season where many like to make gifts to loved ones. There's a lot of confusion about the gift tax rules, so I thought that we could review a few of the more common ones together:

**5. Gifts Aren't Usually Taxed as Income.** Let's say that you make a cash gift to your daughter Suzie of \$14,000. Does she have to declare that gift as taxable income on her Form 1040 income tax return? No, she doesn't. When we talk about "gift tax" we are referring to the transfer taxes – the estate and gift taxes. A transfer tax is a tax imposed on the donor – not the recipient – on the value of the gift. But there

is also an annual exclusion of \$14,000. This means that a donor can make a gift of \$14,000 to anyone and it is not enough to require the filing of a gift tax return. Suppose a donor makes a gift of \$100,000 to daughter Suzie. Now the donor has to file a gift tax return reporting the \$100,000 transfer. Does the donor pay gift tax at this time? The answer is – it depends. If the donor has consumed his lifetime exemption (today that exemption is \$5.43 million which is increasing to \$5.45 million on January 1, 2016) then he does not actually pay gift tax. Instead, he has consumed a part of his lifetime (and death) exemption.

**4. Paying Someone's Medical Expenses Doesn't Count as a Gift.** In my example of making a gift to Suzie above, assume that she has medical expenses of \$20,000 that you would like to help her out with. You've already given her the \$14,000, but she needs that for her necessities. Can you gift additional amounts to pay for her medical expenses without having to file a gift tax return consuming more of your exemption? Yes, you can – provided that you make the payment directly to the medical provider. If you were to give Suzie another \$20,000 to pay her doctor bills, then you would have to file a gift tax return. If instead you made the payment directly to Suzie's doctors and hospitals, then the payment is considered gift tax-free.

**3. Paying Someone's Educational Expenses Doesn't Count as a Gift.** If Suzie has a \$20,000 tuition bill, you are able to gift her \$14,000 plus her tuition, provided that you pay the educational institution directly as you would have a doctor or hospital in the previous example.

**2. Gifts Must Be Completed to Count.** Suppose that you have some valuable artwork in your home. Knowing that you might have a taxable estate when you die, and that the valuable artwork is only going to only add to the tax liability, you decide to gift that artwork to your children. First remember that if you make gifts above \$14,000 in value you are consuming your estate tax exemption anyway as you will have to file a gift tax return reporting the transfer. In any event, you take those yellow sticky post-it notes to post on the back of each piece of art: "This painting now belongs to Junior." You leave the paintings on your wall. Under IRS rules you have not made a completed gift because you have not actually lost dominion and control over the asset. The painting must actually leave your residence to be considered a completed gift.

**1. You Can't Sell Assets for \$1 to Avoid Gift and Estate Tax.** Some believe that they can outsmart the IRS by "selling" assets at an amount below fair market value to avoid the gift tax rules. Assume that Tom "sells" his rental house valued at \$225,000 to his daughter Suzie for \$100. Here Tom has made a taxable gift in the amount of \$224,900 – which is the difference of the fair market value of the property less the amount that Suzie actually paid for it. How do you determine the fair market value? Some assets, like stocks and bonds, have a ready market that is easily determined. Others, like real estate or family business interests, require you to engage the services of a qualified appraiser who can issue an appraisal report that must be attached to the gift tax return. I've seen instances where individuals instead obtained a realtor's price estimate report to justify a transfer value. It's been my experience that the IRS doesn't consider realtors' listing reports or price estimates to be a qualified report. When the IRS doesn't consider it to be a qualified report, then they (the IRS) are free to determine what they believe to be the accurate fair market value, usually resulting in the assessment of additional tax.

I hope that this helps you when you play Santa Claus this year. Merry Christmas and a Happy New Year to all!

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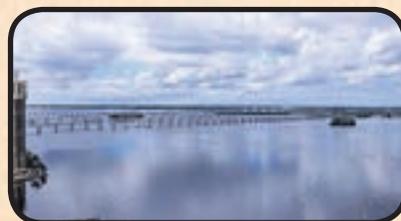


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## School Smart



by Shelley M. Greggs, NCSPP

**Dear Shelley,**  
My husband and I are not doing well financially and now we are faced with all the spending that goes with the holidays. We can

afford some gifts but we don't want to get further into debt. Do you have any ideas on what to say to our kids, ages 7, 9, 11, when money is limited? I hate to disappoint them.

*Elena Z, Fort Myers, Florida*

**Elena,**

I applaud you for wanting to deal with this very difficult situation. The desire to have the perfect holiday with all the "trimmings" can drive our shopping patterns crazy. The holidays are a difficult time to limit spending when faced with the expectations of our children. The media hype for a specific gift and the intense consumerism of the season may also create unreasonable expectations for your family. The National Association of School Psychologists has provided the following tips for families who are coping with difficult economic issues. Most importantly, do not hide the truth from

your children. Children sense parents' worry and the unknown can be scarier than the truth.

- Maintain as much of a normal family routine as possible.
- Be available and open to talk when your child is ready.
- Answer questions honestly and calmly while staying optimistic.
- Be aware of changes in your child's behaviors and emotions.
- Encourage your child to tell you if he or she feels overwhelmed.
- Encourage healthy and diverse friendships and involvement in extracurricular activities.
- Encourage physical activity, good nutrition and rest.
- Help your child be part of decision-making when appropriate.
- Some adolescents will feel better if they can help; identify tasks that are reasonable and don't overburden them.
- Reassure your child that it is not his or her job to fix the problem and that you will take care of the family.
- Avoid unnecessary discussions in front of your child that might increase his or her stress or anxiety.
- Emphasize the family's ability to get through tough times, particularly with the love and support of family and friends.
- Find time to relax and have fun together. Family dinnertime may be especially important.
- Discourage an excessive focus on the news/media.
- Monitor your own stress level. Take care of yourself.
- Communicate with school. They need to know if your child is struggling. They have resources to help.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\**



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## Egeland Joins Board

The Sanibel Public Library Foundation's board of directors announced the appointment of Jan Egeland to the foundation board.

Egeland has been a fan of libraries since childhood, spending many afternoons after school in the small county library two blocks from her home in rural Illinois. Libraries were also the focus of her professional career, as assistant librarian at the SUNY Upstate Medical Center in Syracuse, New York, and then as co-founder of the first national online information network for medical libraries. She has been a full time resident of Sanibel for 35 years and is active in many local organizations including the Sanibel-Captiva Conservation Foundation, PAWS of Sanibel and the Clinic for the Rehabilitation of Wildlife (CROW), where she serves on the board of directors.

"I am pleased to join the foundation board of directors and look forward to helping them continue the great work they do in support of our award-winning library," Egeland said.\*



Jan Egeland

## Grossenbaugh Promoted

Sanibel Captiva Community Bank has promoted Jillian Grossenbaugh to assistant vice president and loan officer at its Myerlee branch. She is responsible for assisting customers with residential loans, including conventional and construction loans as well as condominium and commercial lending.

Grossenbaugh joined the bank in 2007 and has more than nine years of banking experience, including customer service and loan operations and lending. A Fort Myers resident, she earned a bachelor's degree in business management from Florida Gulf Coast University.

The Myerlee branch is located at 7040 Winkler Road, between Cypress Lake Drive and Gladiolus Drive, in Fort Myers. It is open Monday through Thursday from 9 a.m. until 4 p.m. and until 5 p.m. on Friday. To learn more, visit [www.sancapbank.com](http://www.sancapbank.com).\*



Jillian Grossenbaugh

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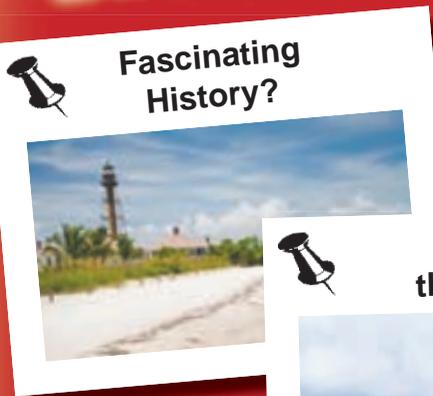
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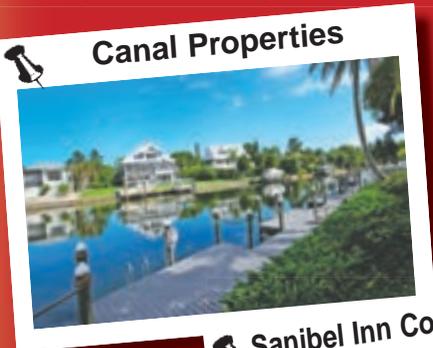


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Mary Bondurant, Realtor



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**Florida Oysters Rockefeller**

- 36 oysters, shucked, on the half shell
- 2 cups spinach, cooked and drained
- 1/2 cup crispy bacon, crumbled
- 1 cup mozzarella cheese
- 1/2 cup Parmesan cheese, grated
- 1 small bell pepper, diced
- 2 tablespoons fresh parsley, chopped fine
- 1/4 tablespoon hot pepper sauce
- 1/2 cup panko breadcrumbs
- 1 lemon, juiced
- 4 lemons, quartered for garnish
- Sea salt and fresh ground pepper to taste
- Preheat oven on high broil.

In a medium-sized mixing bowl, combine spinach, bacon, mozzarella, Parmesan cheese, bell pepper, parsley, hot sauce and lemon juice. Stir ingredients to combine.

Taste spinach mixture and adjust seasoning with salt and pepper. Place 1 tablespoon or so of the spinach mixture on top of each half-shell oyster.

Place all stuffed oysters on a cookie sheet. Put the cookie sheet in the middle rack of the oven. Carefully watch the oysters under the broiler, and let them cook for several minutes until the oyster edges curl and the top of the stuffing is golden brown and bubbly.

Serve oysters over a bed of ice cream salt with lemon wedges.✱



Florida Oysters Rockefeller

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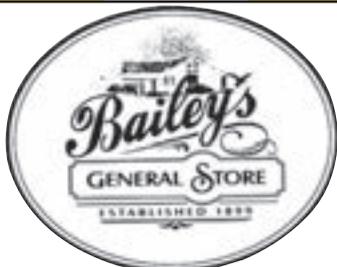
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## Board Officers Elected



"Ding" Darling Wildlife Society Board of Directors elected officers for 2016 include, clockwise from lower left, Doris Hardy, president; Mike Baldwin, vice president; Jim Scott, secretary; and Vasanta Senerat, treasurer

## Sanibel Moorings Names New GM

**S**anibel Moorings Resort named Kari A. Cordisco the new general manager, effective November 9. Cordisco brings more than 20 years of management experience to her new role

Cordisco began her hotel/property management career in 1995 with Tharaldson Enterprises as lead general manager in Des Moines, Iowa. She has overseen new construction and the opening of several extended stay hotels in the Chicagoland area. Since 2004, she has worked in hospitality management, club and association management fields in Florida, most recently as the assistant general manager of Sanibel Moorings since 2011. Cordisco holds her community association manager (CAM) designation and is a notary public.✧



Kari Cordisco

## Insurance Specialist Joins Staff

**A**lexandra (Allie) Henderson has joined Henderson Wealth Partners (HWP) as an insurance specialist. She will help grow and expand the company's depth of services, particularly long-term health care insurance.

"We are pleased to have Allie joining our team," said Sam Henderson, wealth advisor and founder of the Fort Myers-based firm. Henderson brings years of experience in the health care industry to the company. Most recently, she worked as a medical social worker for Lee Memorial Health System's memory disorder clinic, Lee Physician Group Memory Care.✧



Alexandra Henderson

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)

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From page 1B

## Photo Contest Deadline

will get our youth involved with nature by looking at it – as my father so loved doing – through a camera lens,” said daughter Amanda Cross.

Digital image entries can be shot from any outdoor venue using any type of camera, including smartphones.

A writing component to the contest requires entrants, grades nine through 12, to submit a 100-word description of the “moment” captured and how it reflects what nature and wildlife mean to the photographer.

DDWS will announce winners in a special ceremony this winter.

Entry rules and guidelines are listed below. Guidelines and prize information are also posted at [www.dingdarlingsociety.org/photo-contests](http://www.dingdarlingsociety.org/photo-contests). Call DDWS at 472-1100 ext. 249 for more information.

All entries and personal information must be submitted in digital format to the email address [ddhsphotocontest@gmail.com](mailto:ddhsphotocontest@gmail.com). Submit your full name, high school, grade, and an original photograph that you took of nature and/or wildlife in the open outdoors. Include a title for the photograph and a written description (minimum 100 words) of the “moment” captured and how it reflects what nature and wildlife mean to you. You and your entry must comply with the following requirements:

- High school students attending schools in Lee, Collier, Hendry, Glades and Charlotte (Florida) counties in grades 9 through 12 may enter the contest.

- Only digital images are accepted

and may be taken with any camera, including smartphones.

- Images must be submitted in JPEG format and must have a size of at least 2000 x 1500 pixels or resolution of 2 megabytes.

- The photograph must be taken of nature and/or wildlife in the open outdoors in the state of Florida, which may include parks, refuges, backyards, and other open spaces.

- Panoramic photos are not allowed.

- Filters, cropping, enhancements and boarders are permitted. However, adding any elements not existing in the original scene will not be allowed. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines.

- Each participant may enter up to two photos but is eligible to win only one award.

- Judging will be anonymous. Please do not put your name or anything that will identify you on your photograph.

- There are three judges: A refuge staff person, a professional photographer, and a resident of the five-county region.

- Judging criteria:
  - Technical excellence (sharpness, lighting, composition, exposure)
  - Creativity
  - Explanation of photograph (minimum of 100 words)

- All photos will become the property of the society. Photos may be used by the society in any way with appropriate credit.

After the images have been submitted electronically, they will be printed out for judging. The winners of the contest will have their images matted and displayed in the “Ding” Darling Visitor & Education Center. ✨

## Superior Interiors

### Soft Beauty Of Fabric Window Treatments



by Linda Coin

Fabric window treatments are time-honored and still the favorite of homeowners. Fabric can hang in soft folds, adding a sense of abundant luxury, or it can have a tailored, contemporary

look when mounted to a cornice board or fabricated into roman shades. It is wonderfully adaptable to all styles from traditional to contemporary.

Some fabrics naturally lend themselves to formal, elegant treatments while others are more suited to casual or tailored window treatments. The trick is in selecting a fabric whose unique characteristics, such as pattern and texture, will show off your style in all its glory.

Pattern and texture are only two considerations when determining a fabric’s personality. Weight, color and fiber content must also be taken into account. Pattern is the factor that establishes a fabric’s character.

Fabric is often characterized by its weight. Window treatments can be made from sheer, lightweight or medium-weight

fabrics, while heavyweight fabrics are usually reserved for upholstery. With so many options in window treatment fabrics, it’s important to choose the correct weight for every style of treatment. For example, café curtains can be designed of lightweight, almost sheer fabric, while floor length draperies should be sewn from medium-weight fabric and fully lined so that they hang straight.

Soft, fabric window treatments are a wonderful option if you need to soften the angularity of a room. Softly hanging draperies bring a sense of grace to a room by subduing the rigid planes of walls, floor and ceiling.

No matter what your window challenge, there is perfect fabric treatment for you.

Linda Coin is an Interior Designer for Sanibel/Captiva Islands and can be reached at [linda@coindecden.com](mailto:linda@coindecden.com). ✨

## ISLAND SUN BUSINESS NEWSMAKERS

### Top Producers

Royal Shell Real Estates’ Sanibel/Captiva office top producers for the month of November included top listing producers team McMurray & Nette; top listings producer individual/partners Andre Arensman; top sales producers team McMurray & Nette; and top sales producers individual/partners Cindy Sitton. ✨



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Whether you’re walking, running, biking or swimming, register for this community-wide challenge for **FREE** at [www.HealthyLee.com](http://www.HealthyLee.com) and begin logging your “movement” today.

Be part of the Million Mile Movement!

**WHO?** Lee County residents of all ages and fitness levels can participate as an individual or as a group

**WHAT?** Any form of movement qualifies, walking, running, biking, swimming and even weight training

**HOW?** Register at [www.HealthyLee.com](http://www.HealthyLee.com) and on Oct. 1, start logging your miles on the Challenge Portal, powered by Fit Nation

The Million Mile Movement is part of Healthy Lee’s mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit [www.HealthyLee.com](http://www.HealthyLee.com)

## CHR Announces Limited Equity Ownership Home Up For Sale



Built in 2009, the CHR home for sale is one of the newest in the non-profit's Limited Equity Ownership program

Community Housing and Resources (CHR) is announcing the sale of one of the homes in its Limited Equity Ownership (LEO) Program, which provides home ownership opportunities to those who work on Sanibel but who would not normally be able to afford to purchase a home in the island community. LEO homes earn a guaranteed annual appreciation during the first 10 years of ownership, which helps owners to build up equity.

Located mid-island, the unfurnished home has three bedrooms and two baths, 1,460 square feet, and is move-in ready. The price for the home is \$248,000 and the buyer must meet CHR qualifications including being a family of three or more, working full-time on Sanibel, and meeting certain income requirements.

Interested applicants are encouraged to download an application at [SanibelCHR.org/leo-properties](http://SanibelCHR.org/leo-properties). For more information, call Kelly Collini at CHR at 472-1189.\*

Doctor and Dietitian

## Obesity, Joints And Osteoarthritis



by Ross Hauser, MD and Marion Hauser, MS, RD

Obesity has many wide-reaching effects on health, but how does the excess weight affect the joints? Weight puts force on the joints and, when walking, joint forces on the hip and knee, for example, are increased by approximately 1.5 times the amount of body weight than while standing.

Dr. Carlton Savory of Hughston Health Clinic states, "If a person weighing 200 pounds is walking along a level sidewalk, the forces on the joint are the same as for a 300-pound person standing still." Increase the activity and the force is even more.

Osteoarthritis added into the mix creates an even bigger problem. Obesity and osteoarthritis are two well-known problems among Americans. Whether

obesity actually causes osteoarthritis is still a matter of controversy, but considering the amount of extra force it places on the joint, this combination is clearly problematic.

The Centers for Disease Control (CDC) has reported that osteoarthritis is a common comorbidity to obesity. The seriousness of obesity cannot be ignored as it poses a high risk for Type 2 diabetes, hypertension, cardiovascular disease, stroke and some types of cancers. Regrettably, the majority of Americans are overweight and many are morbidly obese.

Losing weight is the best way to help the joints, while decreasing the risk of developing the aforementioned conditions. Unfortunately, obesity accompanied by osteoarthritis creates a negative cycle of inactivity, pain and lack of exercise, which encourages weight gain. When confronted with this situation, regenerative treatments, such as prolotherapy, can repair the degenerated joint, relieving the pain. The obese person should then engage in healthy eating, while following a weight loss and exercise plan.

Obesity is a serious issue and physical activity is a crucial life-saving component. Get started on a path to health and healing today.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).\**

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dearPharmacist

# This Is Why I Threw Out My Multivitamin

by Suzy Cohen, RPh



**Dear Readers:** I used to think multivitamins filled a nutritional gap, but today I think differently. There's no way that 1.7mg of any B vitamin will boost energy, or 20mg of magnesium could

improve mood. I'm beginning to realize that multivitamins are an absolute joke. It'd be funny except the joke's on us, and you spent good money on them. Here's my rationale:

- Negligible amounts – There are so many nutrients in a multivitamin that the amounts of each become negligible. For example, 1mg of pyridoxine (B6) doesn't impact you, metabolically speaking. I think it's on the label "for show" as clearly, this amount doesn't optimize health. By the time this 1mg gets past your digestive tract, hardly anything could have made it to your blood stream, no less your nerves where B6 is required. The same goes for cyanocobalamin, a typical form of vitamin B12. One popular multi-billion dollar

producing brand has 1mcg cyanocobalamin in it. Microgram folks... that is just one-thousandth of a milligram! With hundreds of B12 dependent metabolic reactions (including methylation), what do you think that 1 microgram does for you? I'll tell you, nothing! It's there "for show."

- Allergies – Multivitamins have upwards of 68 different ingredients, some of which are synthetic. Are you sure you're not allergic to this stuff?

- Inactive forms – It's one thing to take insignificant amounts of a nutrient, but there are usually completely inactive vitamins in your multivite and they remain inactive until converted by your liver to something that could work. After you take cyanocobalamin B12, your body breaks it into cyanide and cobalamin, and then you have to methylate it. Superior forms of B12 are methylcobalamin, hydroxycobalamin or adenosylcobalamin.

- Potential toxins – Let's revisit that cyanocobalamin B12, what I consider to be inferior to other B12 supplements. It contains minute amounts of cyanide, which has low potential to do harm when bound to organic cobalamin. But still, I don't want it in my body, even in teeny-tiny amounts.

- Cramps and diarrhea – Yep, you could get that due to the addition of cheap forms of magnesium such as the "oxide" form. Gentler forms of magnesium include the "chelated" forms, or threonate, or glycinate.

continued on page 25B

# Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

## Dear Mom & Me,

We became acquainted with a nice (computer savvy) gal. She was in her middle 40s and was in a live-in arrangement with her boyfriend. They decided to get married, each for the second time.

One day we received an email invitation to their wedding. We both thought that it was a little unusual. The wedding was very casual, they made up their own service and it was held in a local park. The reception was beautifully catered and we enjoyed ourselves.

We sent them a sentimental card with a very nice check enclosed. One week later we received another email and all it said was, "Thank you for the gift."

Is this how it is done now?

Sarah

## Dear Sarah,

I certainly hope not.

I would be insulted because they couldn't even take the time and write a little note of appreciation. But, by today's standards, I guess you were fortunate to have received recognition of the gift.

I did call a local bridal agency, and they were shocked about the email invitation but said, "We knew it was coming," although they hadn't heard that it had actually been done.

It seems to take a long time for some people to learn a few manners, and then others I guess never learn.

Lizzie

## Dear Sarah,

I look forward to emails the same way that many people look forward to receiving U.S. Post letters. However I too would be put out by what amounts to a mass mailing. "Dear (fill in the blank)" does not make you feel special or appreciated for your kindness, only an address on a mailing list. Where is Ms. Manners when we need her?

Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).\*

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## Figure 8's: What, Why And How They Work



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

For the last two weeks, specific examples of the power of Figure 8's were shared by readers. For those of you who want to understand

the underlying concepts associated with 8's and how they work, this column is for you.

As noted previously, the Celtic Weave energy system creates what appears like a woven net around the body and the other energy systems. It almost appears (Donna Eden can see energy) as the net on a fishing net. Thus, one can also imagine that if there is a tear or leak in the net, there will be issues around the hole or tear. If, in fact, the hole or tear is large or there are many, repairing them is critical for one's health and vitality. Making figure 8's assists in repairing these leaks.

Celtic Weave energies flow in crossing Figure 8 patterns and in other geometrical shapes (diamonds, pyramids, rings, spirals and 8's) in both the body

and the aura. Their purpose is to communicate with all the other eight energy systems and to assist in weaving and connecting the systems together. The exercise to strengthen Celtic Weave is noted below. It is part of the Daily Energy Routine

Use this exercise if you feel vulnerable to others' energies, feel too extended or as if you are invisible, feel disoriented from the environment itself (too many electro-magnetic frequencies) or find it difficult to communicate. The exercise works since it "fluffs" your energies, enabling protection.

Step 1: Stand straight with hands on the thighs. Imagine energy being pulled through the feet to meet the hands as you breathe in through the nose and out through the mouth throughout the exercise.

Step 2: Rub the hands together vigorously, shake them off, and place your palms close together as you feel the energy between them. Rub and shake the hands again, taking the palms and bringing them close to the ears. Take a deep breath. Visualize bringing in fresh energy to your head.

Step 3: While inhaling, bring your elbows together. Exhale, cross your arms and swing them out to the side. Visualize that you are clearing stale energy from your field. I like to make a "whoosh" sound.

Step 4: Cross and swing them out again. Bend forward, repeat at the waist, at the knees and again at the ankles. Stay bent forward.

Step 5: Bring the hands behind you

with palms parallel to the floor, cup the hands and scoop the energy from the earth all the way to your head as you stand. Then, sprinkle the energy over you. You will now feel invigorated, more balanced and your energetic systems all integrated.

Have fun with your energy! Next week's topic is Integrate Comfort With Required Medication With EEM Tools.

If you have a question, email Karen Semmelman at [SemEnergyCenter@gmail.com](mailto:SemEnergyCenter@gmail.com). Learn more at [www.semmanenergy.com](http://www.semmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** How can I best handle my new boyfriend's tendency to compare me to his ex?

**A:** If your man is discussing his ex-partner frequently and is still in contact with her, there

is a chance that he still has feelings for her, and it creates a sense of mistrust for your relationship. We all to some degree talk a little about a former relationship. However, if he is talking more than just

on occasion, this is a red flag that your sweetheart just may not have moved on and could be holding on to his past and her. This most certainly will prevent you from enhancing your chances of a mature adult-state relationship with this man.

Another sign may be if your partner doesn't discuss his ex at all, as if he is hiding something, perhaps some sort of guilt or hurt that has not been resolved. If it appears to be a sore subject, perhaps it is time to ask what is it about his ex that makes it too difficult to discuss.

If you happen to notice that your partner has certain objects or keepsakes from his ex, this is a possible sign that he has not moved on and is struggling with letting go. An important note: watch out for your own jealousy and try not to jump to conclusions too soon. Ask your intuition if you trust him or not and watch his behavior. If there is any indication of sexual issues, then he may also be not ready to move on to a relationship with you. A few months is a good indication of how your relationship is moving on with him. If things just don't add up and you feel uncomfortable, then have a talk and watch his body language. It is not always what he says; rather his actions can be very revealing.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✱

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# My Stars ★★★★★

FOR WEEK OF DECEMBER 21, 2015

**ARIES** (March 21 to April 19) Although taking advice isn't always easy for the headstrong Sheep, you might want to consider what someone you respect says about an upcoming decision.

**TAURUS** (April 20 to May 20) A new offer is tempting, but don't be bullied into a quick decision. Rely on your keen Bovine business sense to alert you to anything that might be questionable.

**GEMINI** (May 21 to June 20) Your Gemini Twin nature rallies to help you deal with this week's hectic schedules, both in your personal and professional lives. One caution: Watch your diet.

**CANCER** (June 21 to July 22) Avoid rushing to make up for time lost on a stalled workplace operation. Best to set up a schedule and pace yourself. Welcome the help of colleagues.

**LEO** (July 23 to August 22) Despite those glittering holiday distractions you love so well, be sure to keep your feline senses set on high to alert you to anything that might require fast action.

**VIRGO** (August 23 to September 22) Making an effort to restore fraying relationships proves to be more successful than you dared hope. The holidays also bring new friends into your life.

**LIBRA** (September 23 to October 22) Private and professional matters compete for your attention. Be honest in your assessment of which should get more of it, and for how long.

**SCORPIO** (October 23 to November 21) A seemingly endless list of must-do tasks is best handled by tackling them one by one, and taking energy-restoring

timeouts between each job.

**SAGITTARIUS** (November 22 to December 21) A vexing relationship seems destined to deteriorate no matter what each side tries to do. A third party's advice just might prove helpful.

**CAPRICORN** (December 22 to January 19) Reach out to ease any tensions caused by home or workplace pressures before they threaten the relationship-building progress you've made.

**AQUARIUS** (January 20 to February 18) You often go out of your way to show kindness to others. So, don't be surprised if other people want to do something nice for you this week.

**PISCES** (February 19 to March 20) People in your life respect your Piscean wisdom, so don't hesitate to speak up about a matter that you feel isn't being handled quite the way it should be.

**BORN THIS WEEK:** Your personal warmth helps you make friendships, and your sense of fair play helps you keep them.

## THIS WEEK IN HISTORY

- On Dec. 24, 1851, a devastating fire at the Library of Congress in Washington, D.C., destroys two-thirds of its 55,000 volumes. Today the collection contains more than 17 million books.

- On Dec. 22, 1864, Union Gen. William T. Sherman presents the captured city of Savannah, Georgia, to President Abraham Lincoln with the message, "I beg to present you, as a Christmas gift, the city of Savannah, with 150 heavy guns and plenty of ammunition, and also about 25,000 bales of cotton."

- On Dec. 23, 1888, in Arles, France,

Dutch painter Vincent van Gogh, suffering from severe depression, cuts off the lower part of his left ear with a razor. He documented the event in a painting titled "Self-Portrait with Bandaged Ear."

- On Dec. 27, 1900, prohibitionist Carry Nation smashes up a bar in Kansas, causing several thousand dollars in damage and landing in jail. Nation became famous for carrying a hatchet and wrecking saloons as part of her anti-alcohol crusade.

- On Dec. 26, 1946, in Las Vegas, mobster Benjamin "Bugsy" Siegel opens The Pink Flamingo Hotel & Casino. The grand opening was a flop. Gamblers had no rooms at the yet unfinished hotel, so they took their winnings and gambled elsewhere.

- On Dec. 25, 1962, "To Kill a Mockingbird," a film based on the 1960 Pulitzer Prize-winning novel of the same name by Harper Lee, opens in theaters. The American Film Institute has rated Atticus Finch (played by Gregory Peck) as the greatest movie hero of the 20th century.

- On Dec. 21, 1975, in Vienna, Austria, Carlos the Jackal leads a terrorist raid on a meeting of OPEC oil ministers, killing three people and taking 63 others hostage. After demands for a jet were met, all the hostages were released unharmed in Algeria.

## STRANGE BUT TRUE

- It was beloved American singer, songwriter and musician Ray Charles who made the following sage observation: "Marriage is like college; as great as it is, it ain't for everybody."

- Those who study such things say

that when a llama is humming, that means it's content.

- If you think life in the Big Apple is tough these days, consider this: In the 1930s, landlords evicted about 17,000 tenants every month.

- It's the little details that can make or break a plan. A pair of aspiring bank robbers in Daytona Beach, Florida, walked into a bank, pulled out guns, demanded that a teller hand over the loot, and even made it out of the building. The problem came when they got in their getaway car; the engine sputtered and died almost immediately. It seems someone had forgotten to fill up the gas tank.

- The gray squirrel isn't always gray; these arboreal rodents also come in both black and white varieties.

- Sharks have been known to attack boats before, but they rarely, if ever, try for a second bite -- regardless of what Hollywood would have you believe. When a shark goes for a boat, it's a case of mistaken identity: electrical impulses from the metal of a ship's hull make the shark think that the boat is another animal (that is to say: dinner).

- If you're fond of fancy cocktails, you probably won't be surprised to learn that the words "mai tai" are actually Tahitian for "the very best."

## THOUGHT FOR THE DAY

"I would rather try to persuade a man to go along, because once I have persuaded him he will stick. If I scare him, he will stay just as long as he is scared, and then he is gone." -- Dwight D. Eisenhower

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From page 22B

## Multivitamin

• Artificial colors – One popular brand contains three artificial colors, FD&C Red #40, Blue #2 and Yellow #6, and there is a controversy over the safety of those dyes.

The greatest deception is that the minerals from these multivitamins will get into your bones. Magnesium oxide and calcium carbonate don't penetrate your bone cells well. They have a tough time leaving your intestines.

In my humble opinion, it's not possible to take a multivitamin once

daily, that contains biologically active ingredients, and has them in dosages that advance your health. This is why I threw out my multivitamins. You can get biologically active nutrients if you just eat real food; nothing from a box or can. Your diet should include the basics like salads, greens, nuts, seeds, citrus fruits, berries and, of course, lean, clean protein. We need to stop fooling ourselves into thinking we can eat garbage and take one tiny pill to fix it all. Ain't gonna happen!

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The*

*24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

From page 6B

## Government Day

working for the betterment of Sanibel.

On establishing an annual budget for the city, Ruane said, "A basic budget is if you earn a dollar, you should only spend less than a dollar."

From a small group of students, city leaders selected 10 pupils to serve as a "mock" council, department leaders, clerk, chief of police, city attorney and

city manager. Two additional students were chosen to become members of the public engaged in a debate over whether to allow bonfires on Sanibel's beaches.

"What would happen if there was a bonfire, and some trees nearby caught fire?" asked one student. Others questioned the impact on local wildlife, pollution and cleanup.

The mock council weighed citizen input and discussed the pros and cons of the matter before coming to the conclusion – by a narrow 3 to 2 vote – not to permit bonfires on city beaches.✪

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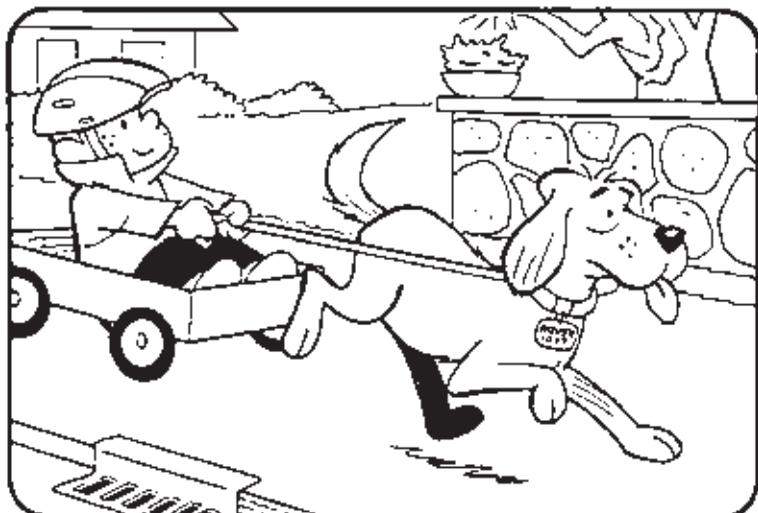
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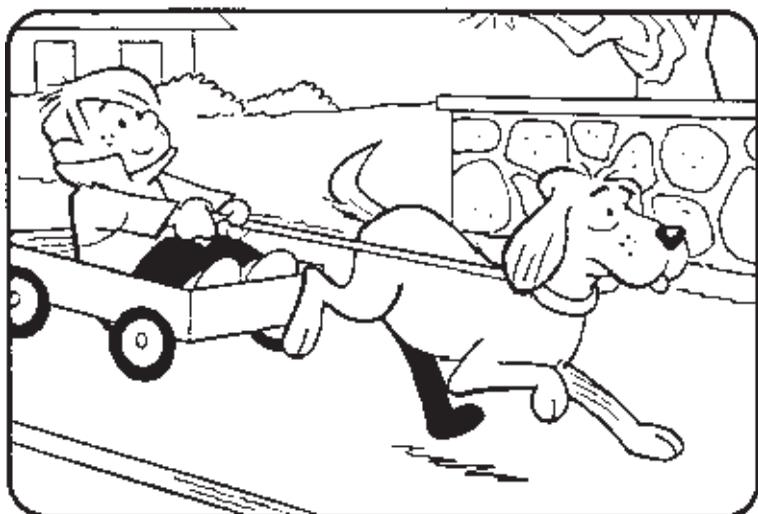
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# HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Helmet is missing, 2. Drain is missing, 3. Tail is shorter, 4. Flower pot is missing, 5. License tag is missing, 6. Tongue is smaller.



"Another good thing about snow—Dad can't get out an' cook any in the backyard."

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Graft

PICSEL

Clench

PRAGS

Distill

FERNIE

Highest

TOTUMS

TODAY'S WORD

answer on page 27B

	6		2			8	
9				5		1	
		8			4		2
	5		8				9
2			6	1		7	
		7			9		5
	3			4			7
		2			7		3
8			1			9	5

## SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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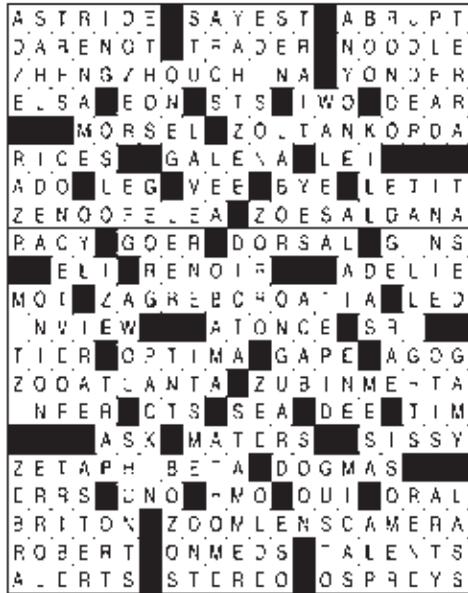
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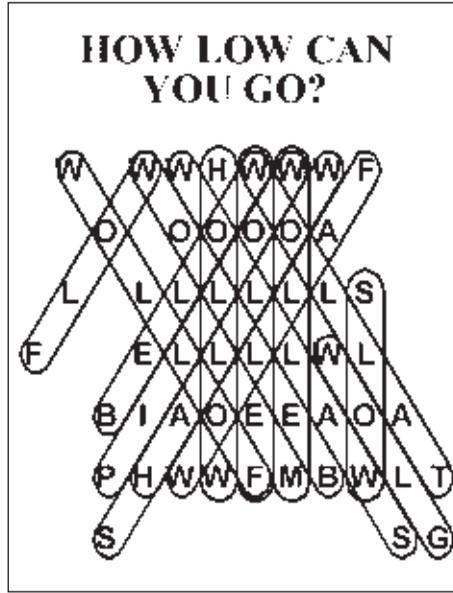
## SUPER CROSSWORD



## KING CROSSWORD



## MAGIC MAZE



## SUDOKU

4	6	5	2	9	1	3	8	7
9	2	3	7	5	8	1	6	4
7	1	8	3	6	4	5	9	2
1	5	6	8	7	3	2	4	9
2	4	9	6	1	5	7	3	8
3	8	7	4	2	9	6	5	1
5	3	1	9	4	2	8	7	6
6	9	2	5	8	7	4	1	3
8	7	4	1	3	6	9	2	5

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Call 590-0015  
to make your hair appointment.

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**REAL ESTATE**

**GARCIA REAL ESTATE AND CONSULTING**



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**239-472-5147**  
 garciaonsanibel.com  
 Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.  
 \*RS 9/26 CC TFN

**MCGREGOR WOODS LAKE HOME**



Fabulous 3/2 McGregor Woods Lake Home, minutes from Sanibel/Captiva. Beautiful open floor plan, atrioms, pergola, tropical plants. Master Bedroom with large walk-in closet. Kitchen is bright and sunny. Fireplace in great room overlooking the lake. Won't last, sellers motivated.



**Suzy Callanan**  
 Century 21 Sunbelt Realty #1, Inc.  
 239-313-0792  
 \*NS 12/18 CC 12/25

**REAL ESTATE**

**AFFORDABLE HOME OWNERSHIP ON SANIBEL**

Community Housing and Resources (CHR) announces the sale of a beautiful 3BR/2BA duplex home. This piling home with parking beneath, built in 2009, is 1,460 square feet, unfurnished, freshly painted, move-in ready, and located mid-island. Buyer must meet CHR's qualifications including: must be a family of 3 or more, work full-time on Sanibel, and meet income requirements.

**\$248,000 Firm**

For more information contact Kelly Collini at CHR  
 239-472-1189.  
 \*NS 12/11 CC 12/18

**COMMERCIAL RENTAL**

**COMMERCIAL RENTAL**



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.  
 \*RS 12/4 CC TFN

**OFFICE SPACE FOR RENT**

Great office space for rent. Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.  
 \*NS 4/24 CC TFN



**ANNUAL RENTAL**

**ANNUAL RENTALS SANIBEL**

**WATERFRONT HOME**

This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,300/mo.

Please call for details  
**472-6747**  
**Gulf Beach Properties, Inc.**  
 Helping People Become Islanders for over 35 years!  
 The Island Experience!  
 \*RS 11/06 BM TFN

**HOUSE FOR RENT**

West Gulf Dr., long term, 2,000 sq. ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanias off MB & LR. Private Deeded Beach. \$2,500, first,last,security. 239-910-6430 or email Luvavantis@aol.com  
 \*NS 12/11 CC 12/18

**DAVIS WOODS CONDO ANNUAL RENTAL**

5 minuets from Sanibel Causeway 1 BR-1BA, 2nd floor new W/D, new carpet, fresh paint, updated. Pool-tennis. Quiet complex. F/L/S, N/S, references \$950/mo Phone 239-826-4301  
 \*NS 12/11 CC 12/18

**VACATION RENTAL**

**RESORT RENTALS**

Sanibel, Casa Ybel, Ocean Front, Corner Unit, Wk. of 1/15 - 1/22, 2016 Only. Details, John 410-213-9530.  
 \*NS 12/18 CC 12/18

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 \*RS 1/4 CC TFN

**SEASONAL RENTAL**

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Recently updated, 2 BR 2BA, 1276sf, gulf front complex, 3rd floor sunrise & sunset views, elevator, heated pool, hot tub, w/d in unit newly furnished, hi speed internet, tennis, shuffle board, covered dedicated parking space, steps to Worlds Great Shelling Beach, West Gulf locale. 30/nt min.stay, Avail Jan. 9, 2016-July 10, 2016. No smoking, No pets, quiet building. Contact Heather at 847-736-7790  
 \*NS 12/18 CC 12/25

**RE/MAX OF THE ISLANDS**

Putting owners and tenants together  
 Call Ryan Block  
 www.remax-oftheislands.com  
 239-472-2311  
 \*RS 1/23 BM TFN

**SANIBEL COTTAGE FOR RENT**

3B/2B Private mid island location. Walk to many island conveniences & easy bike ride to bay/gulf beaches. Fully furnished incl w/d. Nov-April \$1,300 wk. \$4,000 month May-Oct \$800 wk \$3,000 month  
 773-507-8095  
 \*NS 2/27 CC TFN

**BEAUTIFUL AND FUN SANIBEL HOME**

3B/3½B, West end, porches, bonus room, dock, pool, garage, beautifully furnished, near golf and Captiva. Call 239-472-0228.  
 \*NS 12/4 CC TFN

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Need help with paying your bills?  
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 Call an insured and bonded professional in to help: Debi Almeida offers personal assistance for you. (Discreet and Trustworthy)  
 Call her today to meet 239-839-6443.  
 \*NS 12/18 CC 2/5

**SERVICES OFFERED**

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 Call Roger 239-707-7203.  
 Aqualink - Motor Controls.  
 Office & Store Maint.  
 \*RS 6/7 CC TFN

**CAREGIVER**

Caregiver CNA lic., 16 years experience. F.I.S.H. background check/referral. Sanibel references. Shop, pet care, meal prep., med. mgt., housekeeping, etc. Sheila - 239-850-7082.  
 \*NS 10/16 CC TFN

**SANIBEL HOME WATCH**

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 Lives on Sanibel  
 Will Check Your Home Weekly  
 Very Reasonable Rates  
 (239) 728-1971  
 \*RS 1/4 BM TFN

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 \*NS 11/27 CC 1/1

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 \*RS 3/21 CC TFN

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 Sanibel Lic. #11412 Lee Co. Lic. #051047  
 \*NS 1/4 PC TFN

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 scarnatolawn@aol.com  
 \*RS 1/25 BM TFN

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**HELP WANTED**

**PART TIME CLEANING HELP NEEDED**

No experience required. Variable days of the week. Hours vary between 10 a.m. to 4 p.m., \$13. - \$16. per hour. Sanibel resident preferred. Contact Darwin Ford of the West-End Paradise, Small Inn, at 239-472-9088.  
\*NS 12/18 CC 12/25

**LOVEBOAT ICE CREAM NOW HIRING**

Loveboat Ice Cream is looking for hard working employees to add to our company roster for this upcoming season. Part-time. 16 & up. Apply Within. 1700 Periwinkle Way. Located in Jerry's Plaza.  
\*NS 12/18 CC 12/18

**VOLUNTEERS NEEDED**

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.  
\*NS 11/1 NC TFN

**VOLUNTEERS NEEDED**

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.  
\*NS 7/11 NC TFN

**HELP WANTED**

**RETAIL SHOP ON SANIBEL**

Sales person with interest in antiques. Basic computer knowledge and record keeping, year round position. Approx.30 hrs. a week some weekends. Send resume or info. to e.georgene@gmail.com  
\*NS 12/11 CC 1/1

**JERRY'S FOODS WAITRESSES OR WAITERS**

Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

**HAIR STYLIST BOOTH RENTAL AVAILABLE**

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For info call Anita 239-233-9882  
\*RS 3/13 CC TFN

**VEHICLES FOR SALE**

**GOLF CART FOR SALE**



Street legal, "gas" powered. \$6,500. 239-209-6500  
\*NS 7/17 BM TFN

**BOATS - CANOES - KAYAKS**

**DOCKAGE**

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800  
\*RS 1/4 NC TFN



**GARAGE • MOVING • YARD SALES**

**GARAGE MOVING SALE**

Sat. Dec. 19 & Sun. Dec. 20 8 a.m. - 3 p.m., 9012 Mockingbird Drive, Sanibel Treadmill, Tools, Furniture, Dishes, Xmas Decorations, Home Decor, Gas Grill, Lots of Framed Artwork and Lots of Misc.  
\*NS 12/18 CC 12/18

**YARD SALE**

YARD SALE SUNDAY DEC. 20 LOTS OF TREASURES PRICED TO SELL PERIWINKLE AND FITZHUGH STS 9 AM TILL NOON  
\*NS 12/18 CC 12/18

**LIVE ON THE ISLANDS**

**The Jacaranda** has live entertainment Friday and Saturday with Cruzan Vibes, playing reggae and dance. Sunday is CJ & Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz, contemporary and dance on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Crow's Nest Beach Bar & Grille at Tween Waters Inn** on Captiva has live entertainment with Gatlin on Thursday, Friday and Saturday. Crab shows are on Mondays and Thursdays.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

**Traditions on the Beach at Island Inn** has live music Friday and Saturday with Joe McCormick and Marvella Marzan, playing Broadway, Latin hits, pop and R&B. On Wednesday, it's Woody Brubaker on piano and saxophone with Barbara Smith on vocals. Joe McCormick performs on Thursday.

**Il Cielo** has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandnews.com](mailto:press@islandnews.com) or 395-2299.\**

**Shore Fishing:**



**Don't Harm The Fish**  
by Capt. Matt Mitchell

Landng a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the

fish, support it as you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

**Top 10 Real Estate Sales**

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Sanibel	1965	2,922	\$3,995,000	\$3,650,000	259
Isola Bella	Miromar Lakes	2006	4,890	\$2,950,000	\$2,840,000	26
Metes And Bounds	Sanibel	1955	3,266	\$1,995,000	\$1,900,000	29
Shell Harbor	Sanibel	1972	3,050	\$1,495,000	\$1,400,000	377
Oak Knoll At Bonita Bay	Bonita Springs	1993	4,778	\$1,490,000	\$1,282,000	109
Devonwood	Fort Myers	1999	4,874	\$1,070,000	\$950,000	83
Brynwood	Fort Myers	1971	8,500	\$875,000	\$860,000	8
Carillon Woods	Fort Myers	1995	5,871	\$889,000	\$840,500	185
Island Shores	Fort Myers Beach	1956	3,156	\$895,000	\$810,000	272
Hendry Creek	Fort Myers	1988	2,566	\$697,000	\$650,000	33

*Courtesy of Royal Shell Real Estate*

## Pets Of The Week

**H**i, my name is Becky, and I am a 3-year-old, black spayed female Labrador Retriever Mix. I'm an awesome, all-around great girl! I love to play with other dogs and adore the company of humans. I get so excited when it's my turn to go outside. I immediately take care of business then race around the yard with a huge smile on my face. I've even been known to cannon ball into the wading pools. I exude happiness from the tip of my tail to the end of my nose. I'll put a smile on your face and tug at your heartstrings to convince you that this good dog deserves a good home!



Becky ID #645062

Adoption Fee: \$75 (includes a free gift while supplies last during Animal Services Home 4 The Holidays Adoption Promo)

My name is Trixie, and I am a 10-month-old brown with White tabby domestic short hair spayed female. All the volunteers and staff at the shelter love me so that should tell you something! I'm friendly and love to be petted. I'm just an all-around great little lap cat who has been at the shelter since September. I would love to find my forever family and be Home 4 The Holidays!



Trixie ID #640079

Adoption Fee: \$50 (includes a free gift while supplies last during Animal Services Home 4 The Holidays Adoption Promo)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

### PAWS Of Sanibel

## Sampson And Delilah



Sampson



Delilah

**S**ampson and Delilah are six years old, not siblings. They are neutered and spayed respectively and up to date on all their shots. They were seen by the vet a couple of weeks ago. They lost their owner over the week-end and are in desperate need of a new home, together. They are gorgeous kitties and extremely loving of one another and their people. If you

can foster or adopt, call Pam at PAWS, 472-4823, as soon as possible.\*

### PAWS Of Sanibel

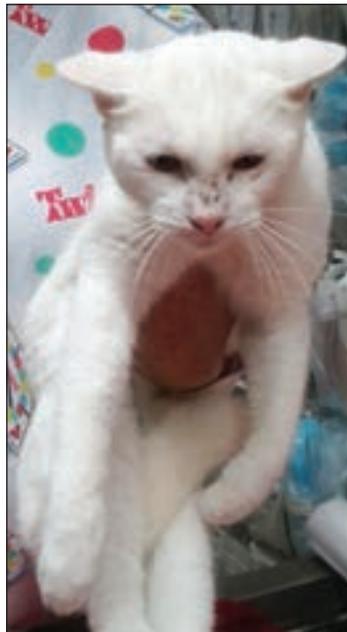
## Ghost Of The Causeway Islands

**P**AWS of Sanibel has trapped the so-called Ghost of the Causeway Islands. She's a beautiful, all-white female, approximately 1 to 3 years of age. She has been spayed, microchipped, combo tested, and has had her vaccinations.

PAWS just learned she was out there last week, but now hears from locals that she's been out there since June.

This sweet girl is very frightened, but not aggressive, and is looking for someone to love her forever. Call Pam @ PAWS 472-4823 if you can foster or adopt this lovely kitty.

If you're ever aware of a stray animal that needs to be rescued, also call Pam.\*



Island Girl

# Island Sun

NEWSPAPER  
Sanibel & Captiva Islands

## CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
<b>ARTS</b>	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	472-4258
SW Florida Symphony .....	418-0996
<b>CLUBS &amp; ORGANIZATIONS</b>	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-4775
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibellwv@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
<b>ISLAND ATTRACTIONS</b>	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandnews.com





**12461 McGregor Palms Drive**  
 Russ Crutchfield 239.560.2742  
 Web ID 215069208 \$428,000



**3975 East River Drive**  
 Maxwell Thompson 239.989.3855  
 Web ID 215023705 \$474,900



**16560 Captiva Drive**  
 Stephanie Bissett 239.292.3707  
 Web ID 215048030 \$7,000,000



**16910 Captiva Drive**  
 Jane Reader Weaver 239.850.9555  
 Web ID 214043066 \$4,295,000



**11530 Paige Court**  
 Stephanie Bissett 239.292.3707  
 Web ID 214064002 \$3,780,000



**18140 North Olga Drive**  
 Stephanie Bissett 239.292.3707  
 Web ID 215055067 \$2,995,000



**1226 Isabel Drive**  
 Wil Rivait 239.464.8108  
 Web ID 215056828 \$1,800,000



**Ventura Captiva #1B**  
 Craig Wolfsfeld 239.850.3172  
 Web ID 215038823 \$1,350,000



**Kimball Lodge #306**  
 Wil Rivait 239.464.8108  
 Web ID 214069908 \$1,139,000



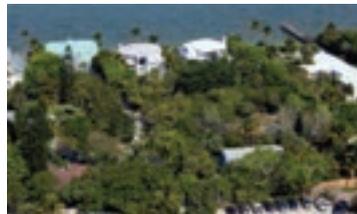
**11103 Sierra Palm Court**  
 Russ Crutchfield 239.560.2742  
 Web ID 215035066 \$975,000



**13840 Blenheim Trail Road**  
 Maxwell Thompson 239.989.3855  
 Web ID 215035914 \$875,000



**8904 Tropical Court**  
 Maxwell Thompson 239.989.3855  
 Web ID 215058295 \$699,900



**1242 Anhinga Lane**  
 Brooke Brownyard 239.281.4179  
 Web ID 215043002 \$525,000



**Blind Pass #F106**  
 Brooke Brownyard 239.281.4179  
 Web ID 215053323 \$495,000



**1025 East Archer Parkway**  
 Brooke Brownyard 239.281.4179  
 Web ID 215065913 \$289,275



**2501 Wulfert Road**  
 Stephanie Bissett 239.292.3707  
 Web ID 215055083 \$229,000



# RENTALS

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 Sanibel, Florida 33957

**CAPTIVA | 239.395.5847**  
 11508 Andy Rosse Lane  
 Captiva, Florida 33924

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